

North West XC – Race 1 – Clarke Gardens – 30 Oct 2022 – 4.7M

Mens Results

1	Ian Lawton	Mersey Tri	O40M	70	Gavin Wright	Mersey Tri	O40M
2	Sam Broomhead	Mersey Tri	U30M	71	Paul Lindley	Mersey Tri	O45M
3	Ryan Jones	Kirkby Milers	U40M	72	Shane Duffy	North Endurance	U40M
4	Daniel Miller	Billinge RC	U40M	73	Sam Lachmann	Southport Strollers	U30M
5	Liam Brown	Kirkby Milers	U40M	74	Richard Thorpe	Penny Lane Striders	U40M
6	Dan Harbidge	North Endurance	U30M	75	David Johnson	Penny Lane Striders	U40M
7	Sean Jones	Penny Lane Striders	U40M	76	Paul Roberts	Widnes RC	O45M
8	Paul Martin	North Endurance	U40M	77	Dean Evans	Liverpool Running Bugs	U20M
9	Matt Owen	North Endurance	U40M	78	Craig Weatherill	Run Sandymoor	O40M
10	Aaron Spencely	Run Sandymoor	U30M	79	David Green	Pensby Runners	O40M
11	Karl Budworth	Knowsley Harriers	O45M	80	Lee Riley	Cheshire Dragons	O40M
12	Alex Cowin	Penny Lane Striders	O40M	81	Peter Carney	Skem BH	O40M
13	David Willshire	Penny Lane Striders	O40M	82	Rob Dean	Lymm Runners	U40M
14	Lee Stedman	Mersey Tri	U40M	83	David Edwards	Kirkby Milers	O60M
15	Mike Fryer	Helsby RC	U40M	84	Dan Robbins	Chester Tri	O40M
16	John Myers	Run Sandymoor	O45M	85	Eddie Austin	Chester Tri	O55M
17	James Hewitt	Billinge RC	U40M	86	Ian Dermott	Billinge RC	O50M
18	Tom Newberry	Billinge RC	U30M	87	Andrew Mowatt	Skem BH	O40M
19	Colin Lewis	Penny Lane Striders	U40M	88	Derek Gibbon	Chester Tri	O50M
20	Robert Chesters	Penny Lane Striders	U40M	89	Rob Bruford	Northwich RC	O40M
21	Joseph Livesey	Liverpool Running Bugs	U30M	90	Matthew Robinson	Newburgh Nomads	O40M
22	Mark Clair	Mersey Tri	O40M	91	Chris Usher	Newburgh Nomads	O45M
23	Louis Johnson	Mersey Tri	U30M	92	Andrew Leslie	Widnes RC	U40M
24	Witold Laszcz	Spectrum Striders	O40M	93	Gary Tootle	Run Sandymoor	O45M
25	Tim Campbell	Astley & Tyldesley RR	O45M	94	Dave Barr	Kirkby Milers	O50M
26	Fabian Devlin	North Endurance	U40M	95	Gerard McLeigh	Liverpool RC	U40M
27	Lee Moore	Kirkby Milers	U40M	96	Glyn Evans	Cheshire Dragons	O60M
28	Sam Oliver	Chester Tri	U20M	97	Paul Williams	North Endurance	O40M
29	Will Kozer	Widnes RC	U40M	98	Chris Ball	Mersey Tri	O50M
30	Alex Rigby	Liverpool RC	U40M	99	Ashley Stillwell	Liverpool Running Bugs	U40M
31	Robbie Campbell	Widnes RC	O50M	100	Matt Sanderson	Warrington RC	O50M
32	Philip Johnson	Mersey Tri	U40M	101	Alex Blanch	North Endurance	U40M
33	Thomas Store	Lymm Runners	O50M	102	Keith Banks	Liverpool RC	O50M
34	Christopher Gibbons	Mersey Tri	U40M	103	Carl Yu	Liverpool RC	O45M
35	Neil Byrne	Run Sandymoor	-	104	Paul Busow	Widnes RC	O45M
36	Michael Hopkins	North Endurance	U30M	105	Tomas Perversi	Mersey Tri	U30M
37	Jack Kenwright	Run Sandymoor	U40M	106	Jack Davies	Warrington Tri	U40M
38	Phil Riding	Penny Lane Striders	O45M	107	Kevin Gillibrand	Warrington RR	O55M
39	Francis Hourigan	Widnes RC	O45M	108	Patrick Neil	Lymm Runners	O40M
40	Thomas O'Dowd	Knowsley Harriers	U40M	109	Jim Dawson	Lymm Runners	O55M
41	Luke Parker	Mersey Tri	U40M	110	Jon Cole	Ellesmere Port RC	O45M
42	Kevin Walker	Skem BH	O45M	111	Ian Atkinson	Chester Tri	O55M
43	John Simpson	Pensby Runners	U30M	112	Steve Sherwen	Lymm Runners	O45M
44	Ben Stones	Mersey Tri	U30M	113	Graham Cushion	Kirkby Milers	O45M
45	Zak Lindsay	North Endurance	U30M	114	Mark Samuels	Pensby Runners	O60M
46	Lucas White	Warrington Tri	U30M	115	Romano Carneletto	Mersey Tri	O40M
47	David Rea	Liverpool RC	U40M	116	Matt Cartwright-Terry	Mersey Tri	O45M
48	Paul Gray	Penny Lane Striders	O50M	117	Neil Goulding	Skem BH	O45M
49	Ben Tonge	Helsby RC	U30M	118	Jose Perez	Lymm Runners	O50M
50	David Fazakerley	Liverpool RC	U40M	119	Ben Sweeney	North Endurance	U40M
51	David Lawton	Liverpool RC	O40M	120	Tony Jackson	Newburgh Nomads	O60M
52	Mark Collins	Astley & Tyldesley RR	O45M	121	Chris Davies	Pensby Runners	O50M
53	William Holt	Liverpool RC	U30M	122	Mark Salter	RRAMS	O55M
54	Benjamin Tumilty	Helsby RC	U40M	123	Nigel Grant	Penny Lane Striders	O60M
55	Scott Hambleton	Penny Lane Striders	O40M	124	Graham Tench	North Endurance	U40M
56	Paul Riley	Penny Lane Striders	O50M	125	Stuart Atherton	Knowsley Harriers	O40M
57	Connor Ohare	Mersey Tri	U30M	126	Paul Reilly	Pensby Runners	O40M
58	Mark Grady	Widnes RC	O40M	127	Michael Smith	Lymm Runners	O55M
59	Daniel Gilbody	Skem BH	U40M	128	Peter Sutton	Southport Strollers	U40M
60	Chris Levick	Helsby RC	U40M	129	John Bennett	Mersey Tri	O50M
61	Luke Curtis	Penny Lane Striders	O40M	130	Terry Lynch	Penny Lane Striders	O50M
62	Patrick Breen	North Endurance	U40M	131	Colin Thomson	Birkenhead	O45M
63	Ralph Pawling	Pensby Runners	U40M	132	Martin Foulkes	Widnes RC	O40M
64	Jonathan Hock	Lymm Runners	O45M	133	John Preece	Kirkby Milers	O45M
65	Joe Johnson	Birkenhead	O50M	134	Michael Connor	Penny Lane Striders	O55M
66	George Aylward	Penny Lane Striders	U40M	135	Craig Pirie	Warrington Tri	U40M
67	Simon Oliver	Chester Tri	O45M	136	Jack Barstow	Mersey Tri	U40M
68	Peter Murphy	Lymm Runners	O45M	137	James Ashworth	Skem BH	O40M
69	Tom White	North Endurance	U40M	138	Richard Gregory	Skem BH	O55M

139	Owen Barden	Mersey Tri	O45M	190	Fred Duenbier	Newburgh Nomads	O65M
140	Rob Chalmers	Pensby Runners	O45M	191	Joe McGlynn	Penny Lane Striders	O65M
141	Chris Weeks	Mersey Tri	O45M	192	Malcolm Teale	Southport Strollers	O60M
142	John McCaffrey	Knowsley Harriers	U40M	193	Andrew Trimnell	Liverpool Running Bugs	O45M
143	Luke Potts	Warrington RR	O40M	194	Jamie Bradbury	Lymm Runners	O45M
144	Kevin Main	Northwich RC	O40M	195	Charles Eldred	Chester Tri	O55M
145	Ian Lowery	Southport Strollers	O45M	196	James Eastup	Widnes RC	U30M
146	Andrew Dowdeswell	Widnes RC	U40M	197	Robert Johnson	Mersey Tri	O55M
147	Paul Alexander	Pensby Runners	O60M	198	David Barnes	Warrington RR	O60M
148	Patrick Walters	Mersey Tri	O55M	199	Stephen Riley	Helsby RC	O55M
149	Liam Wilkinson	Warrington RR	O40M	200	Mark Georgeson	Skem BH	O45M
150	Robert Ladanowski	Widnes RC	O60M	201	Kenny Forster	Spectrum Striders	O60M
151	Neil Hughes	Astley & Tyldesley RR	O45M	202	Simon Hackett	Lymm Runners	O60M
152	Dominic Drewery	North Endurance	U40M	203	John Houghton	Run Sandymoor	O60M
153	Alastair Brown	Warrington RC	O55M	204	Shaun McDonald	Northwich RC	O50M
154	Chris Wills	Knowsley Harriers	O45M	205	Paul Harbridge	Warrington Tri	O60M
155	Simon Clayton	Warrington Tri	O50M	206	Martin Hirrell	Penny Lane Striders	O55M
156	Charlie Singleton	Run Sandymoor	O45M	207	Andy Waring	Birkenhead	O65M
157	Andrew Garnett	Spectrum Striders	O65M	208	Alistair Raffel	Spectrum Striders	O65M
158	Gary Birch	Warrington RC	O45M	209	John Brown	Penny Lane Striders	O60M
159	Steven Moss	Widnes RC	O40M	210	Neil Jenkins	Chester Tri	O55M
160	George Pierce	Liverpool RC	O50M	211	Jason Ennis	Mersey Tri	O50M
161	Ranald Mackay	Spectrum Striders	O50M	212	Jim Fedigan	Pensby Runners	O65M
162	Neil Macfie	Mersey Tri	O65M	213	Andy Bates	Penny Lane Striders	U40M
163	Iain Wood	Chester Tri	O60M	214	Tommy Burke	Penny Lane Striders	O75M
164	Wally Coppelov	Newburgh Nomads	O60M	215	David Faulkner	Lymm Runners	O65M
165	Simon Ford	Astley & Tyldesley RR	O45M	216	Tony Green	Penny Lane Striders	O65M
166	Paul Plested	Chester Tri	O60M	217	Robert Block	Run Sandymoor	O65M
167	Matt Dodd	Southport Strollers	O50M	218	Mervyn Grady	Widnes RC	O65M
168	Chris Mitchell	Southport Strollers	O50M	219	Richard Macilwaine	Spectrum Striders	-
169	Geoff Hand	Spectrum Striders	O65M	220	Kedar Dhopate	Liverpool Running Bugs	O45M
170	Joshua Wood	Widnes RC	-	221	Adam Staines	Skem BH	O55M
171	Raphael Dunne	Pensby Runners	O45M	222	Brad Ehlan	Northwich RC	O50M
172	Chris Lydon	Penny Lane Striders	U40M	223	Mark Scott	Liverpool RC	O55M
173	Darren Morris	Northwich RC	O55M	224	Kai Horsley	Helsby RC	U20M
174	James Vaile	Spectrum Striders	O45M	225	Gordon Scholefield	Pensby Runners	O70M
175	Owen Hinds	Liverpool Running Bugs	U20M	226	Rob Anglesea	Rimrose Valley	O40M
176	Ian Mcneill	Birkenhead	O60M	227	Steve Stamper	Northwich RC	O50M
177	Alan McDermott	Penny Lane Striders	O55M	228	James Kemp	Warrington RC	U40M
178	Aaron Wilson	Liverpool RC	U40M	229	Christopher Sullivan	Kirkby Milers	O50M
179	Tim Raynor	Liverpool Running Bugs	O60M	230	Harry Pepper	Mersey Tri	O50M
180	Jon Reynolds	Liverpool RC	O50M	231	Phil Antrobus	Southport Strollers	U40M
181	Julian Spencer	Spectrum Striders	O60M	232	Stan Cottier	Liverpool RC	O75M
182	Nick Paul	Skem BH	O60M	233	Martyn Hughes	Liverpool RC	O45M
183	Alex Walton	Southport Strollers	O40M	234	Paul Wilson	Widnes RC	O60M
184	Nigel Foo	Penny Lane Striders	O50M	235	Guy Holden	Southport Strollers	O60M
185	Barry Williams	Mersey Tri	U40M	236	Peter Stokes	Southport Strollers	O60M
186	Rob Lloyd	Widnes RC	O50M	237	Leonard Wilson	Rimrose Valley	O70M
187	Steve Pemberton	Penny Lane Striders	O65M	238	Stuart Johnson	Rimrose Valley	O50M
188	Peter Heron	Mersey Tri	O60M	239	Ken Black	Spectrum Striders	O75M
189	Gary Hilton	Warrington Tri	O50M	240	Bryan Forth	Warrington RR	O50M

Ladies Results

1	Hannah Cowley	Cheshire Dragons	U30F	20	Clara Vella	North Endurance	U35F
2	Amie Bagnall	Cheshire Dragons	U30F	21	Katie Young	Penny Lane Striders	U35F
3	Maria Cook	Skem BH	O45F	22	Ruth Isaacs	Pensby Runners	O60F
4	Rachael Fairclough	St Helens Striders	U40F	23	Laura Baynham-Hughes	Helsby RC	O45F
5	Laura Wright	RRAMS	U40F	24	Emma Fraser	Run Sandymoor	O45F
6	Katie Dickinson	Cheshire Dragons	U40F	25	Sarah Skey	RRAMS	U40F
7	Emma Dean	Liverpool Running Bugs	U30F	26	Kelly Marrin	Knowsley Harriers	O45F
8	Helen Harrington	Cheshire Dragons	O40F	27	Sara Owczarczak-Garstecka	Mersey Tri	U35F
9	Anna Woolgar	Chester Tri	O45F	28	Chloe Holman	Run Sandymoor	-
10	Emily Gray	Penny Lane Striders	U30F	29	Wendy Lee	Pensby Runners	O50F
11	Sue McMaster	Skem BH	O55F	30	Holly Tyrer	North Endurance	U40F
12	Georgina Walker	Lymm Runners	O45F	31	Tiffany Moorcroft	Northwich RC	O45F
13	Stephanie Poole	Skem BH	O40F	32	Jenny Barker	Ellesmere Port RC	O40F
14	Sharon Samson	Penny Lane Striders	O40F	33	Claire Murphy	RRAMS	O45F
15	Kerrie Greenall	North Endurance	U30F	34	Helen Lonsdale	Northwich RC	O40F
16	Hayley Fairclough	Penny Lane Striders	O40F	35	Myka Heard	Penny Lane Striders	O55F
17	Gemma Kelly	Chester Tri	U40F	36	Dawn Fairclough	Liverpool RC	O40F
18	Elizabeth Gemmell	Knowsley Harriers	U40F	37	Rachel Smith	RRAMS	O40F
19	Kerry Veschuere	Ellesmere Port RC	U40F	38	Alison Morgan	Warrington RR	O45F

39	Charlie Weatherstone	Mersey Tri	U40F	96	Joanne Cook	Pensby Runners	O40F
40	Tarja Barnes	Warrington RR	O50F	97	Jenny McIntyre	Warrington RR	O60F
41	Louisa Mogg	Run Sandymoor	U35F	98	Tara Power	Lymm Runners	U30F
42	Sarah Jackson	Penny Lane Striders	O40F	99	Louise Jones	Run Sandymoor	U35F
43	Katie Poole	Skem BH	U20F	100	Sarah Edey	Rimrose Valley	O40F
44	Anna Parsons	Cheshire Dragons	O45F	101	Tania Wild	Lymm Runners	O40F
45	Karon Forster	Spectrum Striders	O60F	102	Emma Platt	Run Sandymoor	U35F
46	Natasha Davies	Mersey Tri	U30F	103	Natasha Pearce	Mersey Tri	U30F
47	Claudia Pagoulatou	Pensby Runners	O45F	104	Carole Morrison	Pensby Runners	O60F
48	Caroline Barrow	Widnes RC	O45F	105	Michelle Donnelly	Southport Strollers	O50F
49	Sharon Martin	St Helens Striders	O45F	106	Ursula Harrison	Spectrum Striders	U40F
50	Emma Nunnerley	Lymm Runners	O45F	107	Joanne Sutherland	Penny Lane Striders	O45F
51	Leanne Griffiths	Widnes RC	-	108	Carla Graham	Liverpool RC	O40F
52	Sharon Plested	Chester Tri	O55F	109	Karen Bannon	Run Sandymoor	O40F
53	Amanda Lee	Kirkby Milers	O50F	110	Sasha Ludlow	Southport Strollers	O40F
54	Fiona Eaton	Lymm Runners	O50F	111	Becky Varnouse	Penny Lane Striders	O40F
55	Anne Martin	Southport Strollers	O45F	112	Katy O'Connor	Lymm Runners	O60F
56	Karen Doyle	North Endurance	O40F	113	Gill Collen	Warrington RR	O60F
57	Lucy St_John	North Endurance	U35F	114	Jane Woodburn	Skem BH	O55F
58	Nicola Eshlin	Widnes RC	U40F	115	Monika Aldelime	Southport Strollers	O45F
59	Claire Ellison	Spectrum Striders	-	116	Gerri Kiddle	Warrington RR	O55F
60	Alex Royden	Pensby Runners	U35F	117	Susan Berry	Liverpool Running Bugs	O55F
61	Anmarie Riley	Penny Lane Striders	O50F	118	Ellen Feria	Liverpool Running Bugs	O40F
62	Rachel Arnold	Helsby RC	O60F	119	Faye Lowery	Southport Strollers	O45F
63	Kate Richardson	Pensby Runners	O40F	120	Georgia Lewis	Widnes RC	-
64	Sally Green	Warrington RR	O60F	121	Dawn Hignett	Widnes RC	O50F
65	Rosemary Symms	Chester Tri	O65F	122	Rita Mistry	Pensby Runners	O45F
66	Jody Beech	Ellesmere Port RC	U40F	123	Heather McBride	Northwich RC	U35F
67	Janet Robertson	Helsby RC	O55F	124	Rebecca Sogbetun	Warrington RC	O50F
68	Jennifer Todd	Lymm Runners	O50F	125	Gemma Griffiths	Warrington RC	U35F
69	Lisa Webb	Widnes RC	O45F	126	Kim Doyle	Rimrose Valley	O50F
70	Rachael Malone	Cheshire Dragons	O40F	127	Lea Brandes	Liverpool Running Bugs	U35F
71	Emily Clare	Knowsley Harriers	U30F	128	Hayley Hourigan	Widnes RC	O45F
72	Yvonne Neary	Lymm Runners	-	129	Helen Hible	Southport Strollers	O40F
73	Mel Holden	North Endurance	U35F	130	Moyna O'Neil	Mersey Tri	O50F
74	Emma Lawton	Penny Lane Striders	O40F	131	Christine Bonnar	Widnes RC	O70F
75	Eleanor Barlow	Liverpool RC	U40F	132	Jessica Messenger	Northwich RC	O40F
76	Bhav Mistry	Kirkby Milers	O50F	133	Donna Lloyd	Rimrose Valley	O45F
77	Kate Johnson	Spectrum Striders	O50F	134	Julie Hollis	Rimrose Valley	O50F
78	Emma Ladanowski	Knowsley Harriers	U30F	135	Claire Meadows	North Endurance	O50F
79	Penelope Livesey	Liverpool Running Bugs	U30F	136	Becky Smith	Southport Strollers	O45F
80	Katherine Robertson	Mersey Tri	O40F	137	Elizabeth Braithwaite	Warrington RC	O55F
81	Heather Davies	Knowsley Harriers	U35F	138	Rachel Halsall	Southport Strollers	U35F
82	Amena Madden	Liverpool RC	O50F	139	Carolyn Armstrong	Rimrose Valley	O50F
83	Melanie Bradley	Northwich RC	O50F	140	Dawn Reed	Lymm Runners	O55F
84	Ruth Hewitt	Liverpool Running Bugs	O45F	141	Liv Meredith	Southport Strollers	U40F
85	Sue Moran	Kirkby Milers	O40F	142	Alison Langton	Run Sandymoor	O40F
86	Lisa Mackay	Spectrum Striders	O50F	143	Kate Shannon	Run Sandymoor	U40F
87	Melanie Sayed	RRAMS	O45F	144	Carolyn Rigby	Widnes RC	O55F
88	Helen Measures	Pensby Runners	O40F	145	Elaine Saunders	Warrington RC	O65F
89	Sally Adams	Skem BH	O50F	146	Jayne Irlam	Skem BH	O50F
90	Laura Aspey	North Endurance	U35F	147	Tara Hall	Southport Strollers	O50F
91	Jennina O'Niell	Mersey Tri	O45F	148	Kelly Barton	Southport Strollers	O45F
92	Jill Littler	RRAMS	O40F	149	Diane Veasey	Kirkby Milers	U40F
93	Menna Goodwin	Warrington RC	O50F	150	Chrissie Knight	Lymm Runners	O65F
94	Lauren Lett	Mersey Tri	U35F	151	Joanne Edwards	Penny Lane Striders	O50F
95	Victoria Begent	Lymm Runners	O45F				

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Mersey Tri 'A'	94	33
2	Penny Lane Striders 'A'	109	32
3	North Endurance 'A'	182	31
4	Run Sandymoor 'A'	269	30
5	Kirkby Milers 'A'	325	29
6	Widnes RC 'A'	325	28
7	Liverpool RC 'A'	326	27
8	Lymm & Warrington RR 'A'	462	26
9	Chester Tri & Ellesmere Port RC 'A'	462	25
10	Skem & Parbold 'A'	523	24
11	Pensby Runners 'A'	546	23
12	Helsby RC 'A'	601	22
13	Liverpool Running Bugs 'A'	744	21
14	Warrington Tri 'A'	836	20
15	Southport Strollers 'A'	864	19
16	Spectrum Striders 'A'	866	18
17	Northwich RC 'A'	1059	17
18	Knowsley Harriers 'A'	722 (Only 5 Ran)	16
19	Newburgh Nomads 'A'	905 (Only 5 Ran)	15
20	Billinge RC 'A'	625 (Only 4 Ran)	14
21	Astley & Tyldesley RR 'A'	893 (Only 4 Ran)	13
22	Birkenhead 'A'	1079 (Only 4 Ran)	12
23	Warrington RC 'A'	1139 (Only 4 Ran)	11
24	Rimrose Valley 'A'	1451 (Only 3 Ran)	10
25	Cheshire Dragons 'A'	1176 (Only 2 Ran)	9
26	RRAMS 'A'	1372 (Only 1 Ran)	8
27	St Helens Striders 'A'	No Team	-
27	Sandbach Striders 'A'	No Team	-
27	Delamere Spartans 'A'	No Team	-
27	UTS RC 'A'	No Team	-
27	Burnden Road Runners 'A'	No Team	-
27	Widnes Wasps 'A'	No Team	-
27	Marsh Lane Harriers 'A'	No Team	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Cheshire Dragons 'A'	9	33
2	Skem & Parbold 'A'	27	32
3	Penny Lane Striders 'A'	40	31
4	Chester Tri & Ellesmere Port RC 'A'	45	30
4	RRAMS 'A'	63	29
6	North Endurance 'A'	65	28
7	Lymm & Warrington RR 'A'	90	27
8	Run Sandymoor 'A'	93	26
9	Pensby Runners 'A'	98	25
10	Mersey Tri 'A'	112	24
11	Knowsley Harriers 'A'	115	23
12	Northwich RC 'A'	148	22
13	Helsby RC 'A'	152	21
14	Widnes RC 'A'	157	20
15	Liverpool Running Bugs 'A'	170	19
16	Spectrum Striders 'A'	181	18
17	Liverpool RC 'A'	193	17
18	Kirkby Milers 'A'	214	16
19	Southport Strollers 'A'	270	15
20	Warrington RC 'A'	342	14
21	Rimrose Valley 'A'	359	13
22	St Helens Striders 'A'	214 (only 2 ran)	12
23	Warrington Tri 'A'	No Team	-
24	UTS RC 'A'	No Team	-
25	Widnes Wasps 'A'	No Team	-
26	Burnden Road Runners 'A'	No Team	-
27	Delamere Spartans 'A'	No Team	-
28	Birkenhead 'A'	No Team	-
29	Newburgh Nomads 'A'	No Team	-
30	Sandbach Striders 'A'	No Team	-
31	Astley & Tyldesley RR 'A'	No Team	-
32	Billinge RC 'A'	No Team	-
33	Marsh Lane Harriers 'A'	No Team	-

Please note that in the mens race one finisher did not take a token so those finishings in position 122 onwards have moved down a position.

Many thanks for Penny Lane Striders for putting on the first race of the season. Next Race is at Beacon Park starting at 10:00 am. John and I are unfortunately away for this race so please look out for Rob Chalmers for Pensby Runners who will be giving out the envelopes and collecting them in.

Have a good race everyone.

Steve Saunders

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