

Summer Multi-Terrain League - Race 3 Rivacre Valley – 3.85 Miles – 18 Sept 2007

Mens Individual Results

1	Adam Peers	Liverpool Harriers	U20M.1	21:37	68	Andy Mitchell	Sunlight Runners	U40M.19	27:35
2	Ricky Challenor	Buckley	U20M.2	22:06	69	Peter Cobb	Chester Tri	O40M.22	27:42
3	Tom Madden	Wirral	U20M.3	22:28	70	Tony Man	Penny Lane Striders	U40M.20	27:52
4	Dave Alexander	West Cheshire	U40M.1	22:40	71	Mike Cockburn	Wallasey	U40M.21	27:56
5	Adam Banks	Buckley	U20M.4	22:58	72	Tim Hughes	Tattenhall Runners	U30M.6	27:58
6	Edward Loffill	Keswick	U30M.1	23:07	73	Shane Knott	Penny Lane Striders	U40M.22	28:05
7	Pete Scarratt	Wirral	O40M.1	23:26	74	Steve Pemberton	Penny Lane Striders	O50M.6	28:07
8	Shaun Egan	Wirral	U20M.5	23:18	75	Brian Hastings	West Cheshire	O60M.1	28:16
9	Ian Cooper	Ellesmere Port	O40M.2	23:25	76	Mark Bennett	Chester Tri	U40M.23	28:17
10	Steven Duckers	Wirral	U20M.6	23:31	77	Stan Williams	Wallasey	O50M.7	28:19
11	John-Philip Seymour	Wirral	U20M.7	23:40	78	Tom Kennedy	West Cheshire	O50M.8	28:23
12	Chris Davies	Buckley	O40M.3	23:41	79	John Morris	Buckley	O60M.2	28:31
13	Simon Ellis	Tattenhall Runners	O40M.4	23:54	80	David Howden	Sunlight Runners	O50M.9	28:33
14	Andrew Gawne	Wirral	U20M.8	24:00	81	Mike Griffiths	Wallasey	O50M.10	28:37
15	Chris Cooper	Wirral	U20M.9	24:03	82	Barry Metcalfe	Wallasey	O40M.23	28:39
16	Graham Earlam	West Cheshire	O40M.5	24:15	83	Damian Palin	Chester Tri	U40M.24	28:42
17	David Norman	Helsby	O40M.6	24:19	84	James Downey	Wirral	O40M.24	28:43
18	Mark Hulmston	Wirral	U40M.2	24:20	85	Michael Brockway	Wirral	U20M.19	28:49
19	Morten Gammelsaeter	Wirral	U40M.3	24:22	86	Clive Giddis	West Cheshire	O40M.25	29:01
20	Stuart Hill	Sunlight Runners	U40M.4	24:32	87	Derek McArdle	Wallasey	O40M.26	29:03
21	Russell Kirk	West Cheshire	O40M.7	24:35	88	David Costello	Wirral	O40M.27	29:05
22	Greg Jones	Wallasey	U30M.2	24:38	89	Tim Warn	Penny Lane Striders	O50M.11	29:09
23	Andrew Clague	West Cheshire	U40M.5	24:39	90	John Jennings	Ellesmere Port	O40M.28	29:20
24	Richard Farrar	Wirral	U40M.6	24:40	91	Nigel Pratten	Wirral	O60M.3	29:22
25	Gary Bird	Ellesmere Port	U30M.3	24:43	92	Peter Elliott	Pensby Runners	O40M.29	29:23
26	Gary Withers	West Cheshire	O40M.8	24:44	93	John Kelly	Penny Lane Striders	O40M.30	29:38
27	Tony Barbatt	Wallasey	O40M.9	24:53	94	John Keyworth	Pensby Runners	O50M.12	29:45
28	David Rankling	Wirral	U20M.10	25:02	95	Peter Timson	Chester Tri	O50M.13	29:53
29	Louis Humphreys	West Cheshire	U20M.11	25:06	96	Nigel Crompton	Pensby Runners	O40M.31	30:03
30	Rory Lott	Wirral	U20M.12	25:12	97	Dave Hough	West Cheshire	O50M.14	30:05
31	Keith Simpson	Wallasey	O40M.10	25:22	98	Mike Hughes	Wallasey	O40M.32	30:08
32	Jon Lowe	Penny Lane Striders	U40M.7	25:27	99	Craig Northover	Liverpool Harriers	U40M.25	30:13
33	Richard Webster	Chester Tri	O40M.11	25:30	100	Fred Roberts	Pensby Runners	O50M.15	30:44
34	Andy Wilkinson	Chester Tri	O40M.12	25:31	101	Barry Chambers	Vale Royal	O50M.16	31:09
35	Connor McArdle	Wallasey	U20M.13	25:33	102	Dave Brunton	Mersey Tri	O40M.33	31:14
36	Daniel Craigen	Chester Tri	U40M.8	25:37	103	Bill Swift	Pensby Runners	O50M.17	31:18
37	Adair Broughton	Helsby	U40M.9	25:39	104	Mark Povey	West Cheshire	U40M.26	31:19
38	Matt Whitfield	Ellesmere Port	O50M.1	25:44	105	Paul Bibby	Pensby Runners	O40M.34	31:26
39	Ian Magill	Liverpool RC	U40M.10	25:48	106	Mick Charman	Helsby	O50M.18	31:29
40	David Lovett	Penny Lane Striders	O50M.2	25:49	107	Steve Tilby	Pensby Runners	O40M.35	31:38
41	Matt Williams	Wallasey	U20M.14	25:52	108	Dave Cowe	Vale Royal	O50M.19	31:39
42	Keith McLaughlin	Wallasey	U40M.11	25:57	109	Alan Kirkham	Birkenhead	O60M.4	31:43
43	Mal Balmer	Penny Lane Striders	O40M.13	26:01	110	Steve Roberts	Pensby Runners	O60M.5	31:49
44	Steve Lampkin	Wallasey	U20M.15	26:04	111	Pat Henley	Liverpool Harriers	O60M.6	31:54
45	Callum Maxwell	Wirral	U20M.16	26:06	112	Michael Kane	Chester Tri	U20M.20	32:06
46	Tom Snowdon	Buckley	U20M.17	26:08	113	Tony Hargreaves	Penny Lane Striders	O50M.20	32:07
47	Neil Toner	Birkenhead	U40M.12	26:32	114	Mansur Mohammadi	Sunlight Runners	O50M.21	32:13
48	Steve Hammond	Tattenhall Runners	O40M.14	26:37	115	Dave Brierley	Chester Tri	O40M.36	32:49
49	Eamon Foster	Wirral	U20M.18	26:39	116	Pete Edwards	Birkenhead	O50M.22	32:54
50	Danny Legg	Ellesmere Port	O40M.15	26:40	117	Peter Chee	Pensby Runners	O60M.7	33:19
51	Mark Baker	Sunlight Runners	U40M.13	26:42	118	Derek Isherwood	Wirral	O40M.37	33:21
52	Nick Campbell	Chester Tri	O40M.16	26:54	119	Sid Molyneux	Picton	O60M.8	33:37
53	Darren Hanley	Wirral	U40M.14	26:59	120	Phil Aldag	Pensby Runners	O50M.23	33:53
54	Andy Waring	Birkenhead	O50M.3	27:00	121	Lawrie Brown	Birkenhead	O60M.9	33:59
55	Gerry McTague	Liverpool Harriers	U30M.4	27:01	122	Steve Girling	Pensby Runners	O50M.24	34:07
56	Mark Hargreaves	Liverpool Harriers	U40M.15	27:04	123	Nigel Crierie	Ellesmere Port	O40M.38	34:36
57	Paul Price	West Cheshire	O40M.17	27:05	124	Steve Russell-Ingram	West Cheshire	O40M.39	35:01
58	Phil Bird	Wallasey	O40M.18	27:12	125	Harry Greenwood	Picton	O50M.25	35:22
59	Neil Elsby	Wirral	U30M.5	27:17	126	Steve Bayley	Pensby Runners	O40M.40	35:27
60	Andy Blair	Tattenhall Runners	O40M.19	27:19	127	John Kane	Chester Tri	O40M.41	35:40
61	Dave Quinn	Liverpool Harriers	U40M.16	27:21	128	Joe Beswick	Helsby	O60M.10	36:47
62	Colin Benson	Wallasey	O40M.20	27:22	129	Geoff Harvey	West Cheshire	O50M.26	36:50
63	Mark Smith	Tattenhall Runners	U40M.17	27:22	130	Kevin O'Brian	Penny Lane Striders	O60M.11	38:05
64	Nick Holmes	Tattenhall Runners	O50M.4	27:22	131	Craig Jones	Sunlight Runners	O40M.42	40:29
65	Paul Donoghue	Buckley	U40M.18	27:24	132	Norman Grundy	Birkenhead	O60M.12	47:38
66	Joe McGlynn	Penny Lane Striders	O50M.5	27:30					
67	Chris Rhodes	West Cheshire	O40M.21	27:32					

Ladies Individual Results

1	Liz Crawshaw	Wirral	U30F.8	27:06	33	Jane Hallows	Penny Lane Striders	U40F.9	32:45
2	Rebecca Hannah	Wirral	U20F.1	27:25	34	Michelle Kelly	Penny Lane Striders	O40F.12	33:01
3	Jennifer Pybis	Liverpool Harriers	U30F.9	27:36	35	Charlotte Riddick	Chester Tri	U30F.13	33:03
4	Ruth Isaacs	Pensby Runners	O40F.1	27:44	36	Carole Morrison	Sunlight Runners	O40F.13	33:03
5	Marina Ali	Liverpool Harriers	U40F.1	27:45	37	Carol Shaw	Helsby	O40F.14	33:15
6	Carol Williams	Tattenhall Runners	U30F.10	27:48	38	Jayne Neave	Chester Tri	O40F.15	33:35
7	Tricia Jones	Pensby Runners	O40F.2	28:11	39	Sandra Connell	Picton	O40F.16	33:38
8	Pam Thurtle	Penny Lane Striders	U40F.2	28:30	40	Rachael Saunders	Wallasey	O40F.17	33:39
9	Jeanette Fox	Wirral	O40F.3	28:45	41	Hazel Dirksen	Buckley	O60F.1	33:41
10	Sarah Jackson	Liverpool Harriers	U30F.11	28:55	42	Jan Taylor	Chester Tri	O40F.18	33:44
11	Liz Thornton	Liverpool RC	O40F.4	29:15	43	Madeleine Bird	Ellesmere Port	O50F.2	34:02
12	Gemma Lawlor	Wirral	U20F.2	29:18	44	Nikki Davis	Wallasey	O50F.3	34:16
13	Alison MacDonald	Ellesmere Port	O40F.5	29:21	45	Maria Brockway	Wirral	O40F.19	34:42
14	Pippa Stott	Wirral	U20F.3	29:24	46	Carolyn Houghton	Penny Lane Striders	U40F.10	35:19
15	Rachel Patterson	Wirral	U20F.4	29:39	47	Kate Lewis	Picton	O40F.20	35:32
16	Grace Neal	Sunlight Runners	U30F.12	30:16	48	Polly Hadziabdik	Birkenhead	O40F.21	35:38
17	Jill Hume	Chester Tri	U40F.3	30:18	49	Lesley Cummings	Pensby Runners	O50F.4	35:51
18	Becky Steen	Wirral	U20F.5	30:41	50	Stephanie Charman	Helsby	O50F.5	35:58
19	Vicky Kehoe	Wallasey	U40F.4	30:50	51	Not Recorded			36:38
20	Vanessa Griffiths	Helsby	O40F.6	30:58	52	Julie Shalloe	Chester Tri	O40F.22	36:44
21	Christine Salvage	Chester Tri	O40F.7	31:03	53	Liz Kirkham	Mersey Tri	O50F.6	36:52
22	Sue Greene	Liverpool RC	O40F.8	31:04	54	Jenny Chee	Pensby Runners	O60F.2	36:54
23	Clare Pritchard	Chester Tri	O40F.9	31:05	55	Sharon Langton	Picton	O40F.23	37:16
24	Kathryn Roberts	Helsby	U40F.5	31:06	56	Cathy Spencer	Picton	O40F.24	37:18
25	Sara Atkinson	Tattenhall Runners	O40F.10	31:07	57	Angela Green	Chester Tri	O40F.25	37:42
26	Eleanor Reeve	Wirral	U20F.6	31:10	58	Denise Brunton	Mersey Tri	O40F.26	37:52
27	Kerry Riley	West Cheshire	U20F.7	31:13	59	Lisa Carney	Wallasey	U30F.14	38:27
28	Jane Fraser	Wirral	O50F.1	31:21	60	Margaret McNeillis	Wallasey	O40F.27	38:31
29	Caroline Hall	Sunlight Runners	U40F.6	31:28	61	Gill Peiser	Penny Lane Striders	U40F.11	38:46
30	Barbara Swan	Penny Lane Striders	U40F.7	32:16	62	Deb Gardner	Birkenhead	U40F.12	39:05
31	Alice Spooner	Penny Lane Striders	U40F.8	32:23	63	Kathryn Chase	Chester Tri	O40F.28	39:36
32	Jackie Keasley	Helsby	O40F.11	32:30	64	Maria Haigh	Birkenhead	O40F.29	43:11

Mens Team Results

1	Wirral 'A'	(3,7,8,10,11)	39
2	West Cheshire 'A'	(4,16,21,23,26)	90
3	Wirral 'B'	(14,15,18,19,24)	90
4	Buckley 'A'	(2,5,12,46,65)	130
5	Wallasey 'A'	(22,27,31,35,41)	156
6	Wirral 'C'	(28,30,45,49,53)	205
7	Ellesmere Port 'A'	(9,25,38,50,90)	212
8	Chester Tri 'A'	(33,34,36,52,69)	224
9	Tattenhall Runners 'A'	(13,48,60,63,64)	248
10	Penny Lane Striders 'A'	(32,40,43,66,70)	251
11	Liverpool Harriers 'A'	(1,55,56,61,99)	272
12	Wallasey 'B'	(42,44,58,62,71)	277
13	West Cheshire 'B'	(29,57,67,75,78)	306
14	Sunlight Runners 'A'	(20,51,68,80,114)	333
15	Wirral 'D'	(59,84,85,88,91)	407
16	Wallasey 'C'	(77,81,82,87,98)	425
17	Helsby 'A'	(17,37,106,128,[142])	430
18	Penny Lane Striders 'B'	(73,74,89,93,113)	442
19	Birkenhead 'A'	(47,54,109,116,121)	447
20	Chester Tri 'B'	(76,83,95,112,115)	481
21	Pensby Runners 'A'	(92,94,96,100,103)	485
22	West Cheshire 'C'	(86,97,104,124,12)	540
23	Pensby Runners 'B'	(105,107,110,117,120)	559
24	keswick 'A'	(6,[4x142])	574
25	Liverpool RC 'A'	(39,[4x142])	607
26	Vale Royal 'A'	(101,108,[3x142])	635
27	Tattenhall Runners 'B'	(72,[4x142])	640
28	Buckley 'B'	(79,[4x142])	647
29	Mersey Tri 'A'	(102,[4x142])	670
30	Picton 'A'	(119,125,[3x142])	670
31	Pensby Runners 'C'	(122,126,[3x142])	674
32	Liverpool Harriers 'B'	(111,[4x142])	679
33	Wirral 'E'	(118,[4x142])	686
34	Ellesmere Port 'B'	(123,[4x142])	691
35	Chester Tri 'C'	(127,[4x142])	695
36	Penny Lane Striders 'C'	(130,[4x142])	698
37	Sunlight Runners 'B'	(131,[4x142])	699
38	Birkenhead 'B'	(132,[4x142])	700

Ladies Team Results

1	Wirral 'A'	(1,2,9)	12
2	Liverpool Harriers 'A'	(3,5,10)	18
3	Wirral 'B'	(12,14,15)	41
4	Pensby Runners 'A'	(4,7,49)	60
5	Chester Tri 'A'	(17,21,23)	61
6	Penny Lane Striders 'A'	(8,30,31)	69
7	Wirral 'C'	(18,26,28)	72
8	Helsby 'A'	(20,24,32)	76
9	Sunlight Runners 'A'	(16,29,36)	81
10	Wallasey 'A'	(19,40,44)	103
11	Tattenhall Runners 'A'	(6,25,[74])	105
12	Liverpool RC 'A'	(11,22,[74])	107
13	Penny Lane Striders 'B'	(33,34,46)	113
14	Chester Tri 'B'	(35,38,42)	115
15	Ellesmere Port 'A'	(13,43,[74])	130
16	Picton 'A'	(39,47,55)	141
17	Helsby 'B'	(37,50,[74])	161
18	Chester Tri 'C'	(52,57,63)	172
19	Birkenhead 'A'	(48,62,64)	174
20	West Cheshire 'A'	(27,[2x74])	175
21	Mersey Tri 'A'	(53,58,[74])	185
22	Buckley 'A'	(41,[2x74])	189
23	Wallasey 'B'	(59,60,[74])	193
24	Wirral 'D'	(45,[2x74])	193
25	Pensby Runners 'B'	(54,[2x74])	202
26	Picton 'B'	(56,[2x74])	204
27	Penny Lane Striders 'C'	(61,[2x74])	209

Young Athletes Results

Boys

Position	Name	Club	Age	Time
1	Jamie Wright	Deeside	14	11:14
2	Ben Costello	Wirral	14	11:20
3	Max Jeffers	Wirral	13	11:31
4	Daniel Meadows	West Cheshire	14	11:59
5	Josh Mitchell	Wirral	13	12:13
6	Chris Wilson	Wirral	13	12:33
7	Phil Robertson	Wirral	14	12:35
8	James Ellis	West Cheshire	14	12:45
9	David Brockway	Wirral	14	12:56
10	Toby Kelly	Wirral	13	13:31
11	David Bain	West Cheshire	14	13:47
12	Matthew Sandles	Wirral	12	14:10
13	Thomas Gisbourne	Wirral	12	16:45

Girls

Position	Name	Club	Age	Time
1	Jessica Schofield	Wirral	14	13:26
2	Zoe Brunton	Mersey Tri	13	14:29
3	Gemma Mayled	West Cheshire	14	14:29
4	Caitlin Reeve	Wirral	13	14:33
5	Olivia Beeney	West Cheshire	14	16:16

Current Positions

Young Athletes - Boys

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Jamie Wright	Deeside	25	25	25	75
2	Ben Costello	Wirral	24	24	24	72
3	Max Jeffers	Wirral	23	23	23	69
4	Daniel Meadows	West Cheshire	22	22	22	66
5	David Brockway	Wirral	20	21	17	58
6	Phil Robertson	Wirral	18	16	19	53
7	David Bain	West Cheshire	16	14	15	45
8	Josh Mitchell	Wirral	dnr	19	21	40
9	Tim Gordon	Wirral	19	20	dnr	39
9	James Ellis	West Cheshire	21	dnr	18	39
11	Chris Wilson	Wirral	dnr	18	20	38
12	Toby Kelly	Wirral	17	dnr	16	33
13	Matthew Sandles	Wirral	dnr	15	14	29
14	Nick Jones	Wirral	dnr	17	dnr	17
15	Joe Fennelly	Mersey Tri	15	dnr	dnr	15
16	Thomas Gisbourne	Wirral	dnr	dnr	13	13

Men Under 20

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Adam Peers	Liverpool Harriers	25	25	25	75
2	Shaun Egan	Wirral	24	22	21	67
3	Chris Cooper	Wirral	22	21	17	60
4	John-Philip Seymour	Wirral	21	18	19	58
5	David Rankling	Wirral	15	17	16	48
6	Tom Madden	Wirral	dnr	24	23	47
7	Connor McArdle	Wallasey	18	14	13	45
7	Adam Banks	Buckley	dnr	23	22	45
9	Alec Beaney	West Cheshire	23	19	dnr	42
10	Steven Duckers	Wirral	dnr	20	20	40
11	Matt Williams	Wallasey	17	9	12	38
12	Andrew Gawne	Wirral	dnr	16	18	34
12	Louis Humphreys	West Cheshire	19	dnr	15	34
14	Alex Haswell	West Cheshire	20	13	dnr	33
15	Tom Snowdon	Buckley	12	10	9	31
15	Steve Lampkin	Wallasey	13	7	11	31
17	Rory Lott	Wirral	dnr	12	14	26
18	Ricky Challenor	Buckley	dnr	dnr	24	24
19	Michael Brockway	Wirral	11	4	7	22
19	Luke Proudfoot	Wirral	14	8	dnr	22
21	Michael Kane	Chester Tri	10	2	6	18
22	Callum Maxwell	Wirral	dnr	6	10	16
22	Sam Richards	Chester Tri	16	dnr	dnr	16
24	Ross Maxwell	Wirral	dnr	15	dnr	15
25	Eamon Foster	Wirral	dnr	5	8	13
26	Killian Walley	Mersey Tri	dnr	11	dnr	11
27	Joe Fennelly	Mersey Tri	dnr	3	dnr	3

Men Under 30

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Gerry McTague	Liverpool Harriers	21	21	22	64
2	Neil Elsby	Wirral	20	20	21	61
3	Edward Loffill	Keswick	dnr	25	25	50
4	Greg Jones	Wallasey	23	dnr	24	47
5	John Farrell	Penny Lane Striders	22	24	dnr	46
5	Tim Barrett	Mersey Tri	24	22	dnr	46
5	Gary Bird	Ellesmere Port	dnr	23	23	46
8	Dave Mace	Wallasey	19	19	dnr	38
9	Richie Sutherland	Pensby Runners	18	18	dnr	36
10	Jonny Mellor	Liverpool Harriers	25	dnr	dnr	25
11	Tim Hughes	Tattenhall Runners	dnr	dnr	20	20

Men Under 40

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Dave Alexander	West Cheshire	25	25	25	75
2	Mark Hulmston	Wirral	23	23	24	70
3	Andrew Clague	West Cheshire	22	21	21	64
4	Stuart Hill	Sunlight Runners	21	19	22	62
4	Ian Magill	Liverpool RC	24	22	16	62
6	Adair Broughton	Helsby	18	16	17	51
7	Mark Hargreaves	Liverpool Harriers	19	15	11	45
7	Keith McLaughlin	Wallasey	16	14	15	45
9	Neil Toner	Birkenhead	15	13	14	42
10	Morten Gammelsaeter	Wirral	dnr	18	23	41
11	Richard Farrar	Wirral	dnr	20	20	40
12	Neil Kelly	Penny Lane Striders	20	17	dnr	37
13	Mark Baker	Sunlight Runners	11	11	13	35
14	Jon Lowe	Penny Lane Striders	14	dnr	19	33
15	Darren Hanley	Wirral	10	8	12	30
16	Andy Mitchell	Sunlight Runners	13	9	7	29
17	Daniel Craigen	Chester Tri	dnr	10	18	28
18	Steve Henshaw	Deestriders	dnr	24	dnr	24
19	Dave Quinn	Liverpool Harriers	12	dnr	10	22
20	Paul Donoghue	Buckley	5	7	8	20
21	Matthew Irwin	Liverpool Harriers	6	12	dnr	18
22	Nick Byrne	Pensby Runners	17	dnr	dnr	17
22	Mark Bennett	Chester Tri	8	6	3	17
22	Shane Knott	Penny Lane Striders	9	4	4	17
22	Mike Cockburn	Wallasey	7	5	5	17
26	Mark Smith	Tattenhall Runners	dnr	dnr	9	9
26	Tony Man	Penny Lane Striders	3	dnr	6	9
28	Mike Jones	Chester Tri	2	3	dnr	5
29	Chris Jones	Deestriders	4	dnr	dnr	4
30	Rob Hardwick	Penny Lane Striders	dnr	2	dnr	2
30	Damian Palin	Chester Tri	dnr	dnr	2	2
32	Adrian Mercer	Village Runners	dns	1	dnr	1
32	Karl Prothero	Chester Tri	1	dns	dnr	1
32	Craig Northover	Liverpool Harriers	dnr	dns	1	1

Men Over 40

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Pete Scarratt	Wirral	25	25	25	75
2	Ian Cooper	Ellesmere Port	23	23	24	70
3	Chris Davies	Buckley	22	22	23	67
4	Graham Earlam	West Cheshire	21	19	21	61
5	Tony Barbatt	Wallasey	17	20	17	54
6	Gary Withers	West Cheshire	16	15	18	49
6	Russell Kirk	West Cheshire	14	16	19	49
8	Simon Ellis	Tattenhall Runners	24	dnr	22	46
9	Keith Simpson	Wallasey	15	12	16	43
10	Mike Stanley	Wallasey	18	24	dnr	42
11	Richard Webster	Chester Tri	13	13	15	41
11	Denis Duret	Ellesmere Port	20	21	dnr	41
13	Graham Jenkins	West Cheshire	19	18	dnr	37
14	David Norman	Helsby	8	dnr	20	28
15	Andy Wilkinson	Chester Tri	dnr	10	14	24
16	Huw Lewis	Buckley	11	11	dnr	22
17	Nick Campbell	Chester Tri	4	6	10	20
17	Mal Balmer	Penny Lane Striders	7	dnr	13	20
19	Paul Aird	Deestriders	10	9	dnr	19
20	Keith Jones	Ellesmere Port	dnr	17	dnr	17
21	Simon Fox	Wirral	9	7	dnr	16
22	Martin Hirrell	Penny Lane Striders	6	8	dnr	14
22	Chris Gibbs	Wirral	dnr	14	dnr	14
24	Danny Legg	Ellesmere Port	2	dns	11	13

Men Over 40 (Cont)

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
25	Paul Frodsham	West Cheshire	12	dnr	dnr	12
25	Steve Hammond	Tattenhall Runners	dnr	dnr	12	12
27	Andy Blair	Tattenhall Runners	dnr	4	7	11
27	Phil Bird	Wallasey	dnr	3	8	11
29	Paul Price	West Cheshire	dns	dns	9	9
30	Colin Benson	Wallasey	dnr	dnr	6	6
31	Patrik Corrigan	Birkenhead	5	dnr	dnr	5
31	Mike Burns	Ellesmere Port	dns	5	dnr	5
31	Chris Rhodes	West Cheshire	dns	dns	5	5
34	Peter Cobb	Chester Tri	dnr	dnr	4	4
35	Frank Martin	Penny Lane Striders	3	dnr	dnr	3
35	Barry Metcalfe	Wallasey	dnr	dns	3	3
37	Colin Palmer	Wallasey	dns	2	dnr	2
37	James Downey	Wirral	dns	dns	2	2
39	Ian McNiell	Penny Lane Striders	dnr	1	dnr	1
39	Clive Donovan	West Cheshire	1	dnr	dnr	1
39	Clive Giddis	West Cheshire	dnr	dns	1	1

Men Over 50

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Matt Whitfield	Ellesmere Port	24	22	25	71
2	Andy Waring	Birkenhead	22	21	23	66
3	Joe McGlynn	Penny Lane Striders	21	20	21	62
4	Steve Pemberton	Penny Lane Striders	20	19	20	59
5	Mike Griffiths	Wallasey	17	17	16	50
5	Tony Devoy	Wirral	25	25	dnr	50
7	Tony Kennedy	West Cheshire	16	15	18	49
8	David Lovett	Penny Lane Striders	23	dnr	24	47
9	Stan Williams	Wallasey	15	8	19	42
10	Tim Warn	Penny Lane Striders	12	14	15	41
11	David Howden	Sunlight Runners	19	dnr	17	36
12	Dave Hough	West Cheshire	11	12	12	35
13	Bill Fairclough	Liverpool RC	14	16	dnr	30
14	Dave Walton	Wallasey	18	11	dnr	29
15	Bill Swift	Pensby Runners	9	9	9	27
16	Peter Timson	Chester Tri	dnr	13	13	26
17	John Keyworth	Pensby Runners	dnr	10	14	24
17	Tony McDevitt	Wirral	dnr	24	dnr	24
19	Darryll Soden	Liverpool Harriers	dnr	23	dnr	23
20	Nick Holmes	Tattenhall Runners	dnr	dnr	22	22
21	Barry Chambers	Vale Royal	6	5	10	21
22	Chris Morgan	Chester Tri	dnr	18	dnr	18
23	Mansur Mohammadi	Sunlight Runners	7	2	5	14
24	Gordon Reed	Penny Lane Striders	13	dnr	dnr	13
25	Peter Haswell	West Cheshire	8	4	dnr	12
26	Fred Roberts	Pensby Runners	dnr	dnr	11	11
27	Dave Quirk	Pensby Runners	10	dnr	dnr	10
28	Pete Edwards	Birkenhead	4	1	4	9
29	Mick Charman	Helsby	dnr	dnr	8	8
30	Dave Cowe	Vale Royal	dnr	dns	7	7
30	Gus McGregor	Wirral	dnr	7	dnr	7
32	Tony Hargreaves	Penny Lane Striders	dnr	dns	6	6
32	Bill McDonnell	Deestridders	dnr	6	dnr	6
34	Alan Muir	Pensby Runners	2	3	dnr	5
34	Jim Fedigan	Pensby Runners	5	dnr	dnr	5
36	Phil Aldag	Pensby Runners	dns	dns	3	3
36	Ian Chalmers	Pensby Runners	3	dnr	dnr	3
38	Harry Greenwood	Picton	1	dns	1	2
38	Steve Girling	Pensby Runners	dns	dns	2	2

Men Over 60

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Brian Hastings	West Cheshire	24	24	25	73
2	John Morris	Buckley	23	22	24	69
3	Pat Henley	Liverpool Harriers	21	21	20	62
4	Sid Molyneux	Picton	18	19	18	55
5	Pete Roberts	Buckley	25	25	dnr	50
6	Joe Beswick	Helsby	16	16	16	48
7	Nigel Pratten	Wirral	dnr	23	23	46
8	Brian Beattie	West Cheshire	20	20	dnr	40
9	Peter Chee	Pensby Runners	19	dnr	19	38
10	Lawrie Brown	Birkenhead	17	dnr	17	34
11	Kevin O'Brian	Penny Lane Striders	dnr	17	15	32
12	Tommy Burke	Penny Lane Striders	22	dnr	dnr	22
12	Alan Kirkham	Birkenhead	dnr	dnr	22	22
14	Steve Roberts	Pensby Runners	dnr	dnr	21	21
15	Neil Thompson	Pensby Runners	dnr	18	dnr	18
16	Norman Grundy	Birkenhead	dnr	dnr	14	14

Overall Mens Position

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Adam Peers	Liverpool Harriers	24	25	25	74
2	Dave Alexander	West Cheshire	23	24	22	69
3	Pete Scarratt	Wirral	20	18	19	57
4	Shaun Egan	Wirral	22	16	18	56
5	Ian Cooper	Ellesmere Port	18	15	17	50
6	Tom Madden	Wirral	dnr	23	23	46
7	Mark Hulmston	Wirral	15	20	8	43
7	Chris Davies	Buckley	16	13	14	43
9	Adam Banks	Buckley	dnr	21	21	42
10	Ian Magill	Liverpool RC	21	19	dns	40
11	Chris Cooper	Wirral	13	12	11	36
12	Edward Loffill	Keswick	dnr	14	20	34
13	Simon Ellis	Tattenhall Runners	19	dnr	13	32
14	Andrew Clague	West Cheshire	14	11	3	28
15	Graham Earlam	West Cheshire	12	5	10	27
16	Steven Duckers	Wirral	dnr	10	16	26
17	John-Philip Seymour	Wirral	7	3	15	25
17	Mike Stanley	Wallasey	8	17	dnr	25
17	Alec Beaney	West Cheshire	17	8	dnr	25
17	Jonny Mellor	Liverpool Harriers	25	dnr	dnr	25
21	Ricky Challenor	Buckley	dnr	dnr	24	24
22	Steve Henshaw	Deestriders	dnr	22	dnr	22
23	Denis Duret	Ellesmere Port	11	9	dnr	20
24	Stuart Hill	Sunlight Runners	10	1	6	17
25	Graham Jenkins	West Cheshire	9	4	dnr	13
26	Andrew Gawne	Wirral	dnr	dns	12	12
27	Tony Barbatt	Wallasey	5	6	dns	11
28	Richard Farrar	Wirral	dnr	7	2	9
28	David Norman	Helsby	dns	dnr	9	9
30	Morten Gammelsaeter	Wirral	dnr	dns	7	7
31	Tony Devoy	Wirral	6	dns	dnr	6
32	Russell Kirk	West Cheshire	dns	dns	5	5
33	Gary Withers	West Cheshire	4	dns	dns	4
33	Greg Jones	Wallasey	dns	dnr	4	4
35	Tim Barrett	Mersey Tri	3	dns	dnr	3
36	Neil Kelly	Penny Lane Striders	2	dns	dnr	2
36	John Farrell	Penny Lane Striders	dns	2	dnr	2
38	Alex Haswell	West Cheshire	1	dns	dnr	1
38	Gary Bird	Ellesmere Port	dnr	dns	1	1

**(Best 3 out of 4 Races count; dns = non-scorer; dnr = did not run; dnf = did not finish)
(Scoring for each age group is 25 for 1st, 24 for 2nd, 23 for 3rd, etc down to 1 to 25th)**

Overall Mens Team Position

Pos	Club	Race 1	Race 2	Race 3	Total
1	Wirral 'A'	53	41	39	133
2	West Cheshire 'A'	55	78	90	223
3	Wirral 'B'	221	116	90	427
4	Wallasey 'A'	129	158	156	443
5	Ellesmere Port 'A'	188	136	212	536
6	Buckley 'A'	243	192	130	565
7	Liverpool Harriers 'A'	155	215	272	642
8	Penny Lane Striders 'A'	195	254	251	700
9	West Cheshire 'B'	136	260	306	702
10	Chester Tri 'A'	289	289	224	802
11	Wallasey 'B'	288	335	277	900
12	Wirral 'C'	584	172	205	961
13	Sunlight Runners 'A'	278	441	333	1052
14	Penny Lane Striders 'B'	322	476	442	1240
15	Wallasey 'C'	415	480	425	1320
16	Birkenhead 'A'	391	613	447	1451
17	West Cheshire 'C'	404	529	540	1473
18	Chester Tri 'B'	569	459	481	1509
19	Wirral 'D'	805	308	407	1520
20	Pensby Runners 'A'	474	587	485	1546
21	Liverpool RC 'A'	582	425	607	1614
22	Tattenhall Runners 'A'	651	749	248	1648
23	Helsby 'A'	546	709	430	1685
24	Mersey Tri 'A'	593	521	670	1784
25	Deestriders 'A'	599	517	710	1826
26	Pensby Runners 'B'	592	678	559	1829
27	Penny Lane Striders 'C'	477	736	698	1911
28	Ellesmere Port 'B'	684	570	691	1945
29	Wirral 'E'	805	467	686	1958
30	keswick 'A'	805	696	574	2075
31	Buckley 'B'	731	698	647	2076
32	Pensby Runners 'C'	659	766	674	2099
33	West Cheshire 'D'	616	775	710	2101
34	Picton 'A'	708	733	670	2111
35	Liverpool Harriers 'B'	680	758	679	2117
36	Chester Tri 'C'	774	657	695	2126
37	Wallasey 'D'	647	784	710	2141
38	Vale Royal 'A'	770	779	635	2184
39	Village Runners 'A'	755	795	710	2260
40	Wirral 'F'	805	769	710	2284
41	Pensby Runners 'D'	723	855	710	2288
42	Sunlight Runners 'B'	757	844	699	2300
42	Tattenhall Runners 'B'	805	855	640	2300
44	Birkenhead 'B'	783	855	700	2338
	No Team Score	805	855	710	2370

Young Athletes - Girls

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Jessica Schofield	Wirral	25	25	25	75
2	Gemma Mayled	West Cheshire	21	23	23	67
3	Zoe Brunton	Mersey Tri	19	22	24	65
4	Olivia Beenev	West Cheshire	20	21	21	62
5	Anna Gordon	Wirral	22	24	dnr	46
6	Miriam Gordon	Wirral	18	20	dnr	38
7	Hannah Whiteside	Liverpool Harriers	24	dnr	dnr	24
8	Jess Evans	Mersey Tri	23	dnr	dnr	23
9	Caitlin Reeve	Wirral	dnr	dnr	22	22
10	Rosie Evans	Mersey Tri	dnr	19	dnr	19

Ladies Under 20

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Rebecca Hannah	Wirral	25	25	25	75
2	Gemma Lawlor	Wirral	24	24	24	72
3	Pippa Stott	Wirral	23	22	23	68
4	Becky Steen	Wirral	22	21	21	64
5	Kerry Riley	West Cheshire	21	20	19	60
6	Rachel Patterson	Wirral	dnr	23	22	45
7	Eleanor Reeve	Wirral	dnr	19	20	39
8	Stephanie Edge	Wirral	dnr	18	dnr	18

Ladies Under 30

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Jennifer Pybis	Liverpool Harriers	25	24	24	73
2	Lisa Carney	Wallasey	21	20	19	60
3	Liz Crawshaw	Wirral	dnr	25	25	50
4	Catherine Howell	Birkenhead	23	22	dnr	45
4	Ruth Clegg	Liverpool Harriers	22	23	dnr	45
6	Grace Neal	Sunlight Runners	dnr	21	21	42
7	Maria Conaghan	Penny Lane Striders	24	dnr	dnr	24
8	Carol Williams	Tattenhall Runners	dnr	dnr	23	23
9	Sarah Jackson	Liverpool Harriers	dnr	dnr	22	22
10	Charlotte Riddick	Chester Tri	dnr	dnr	20	20

Ladies Under 40

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Marina Ali	Liverpool Harriers	25	25	25	75
2	Pam Thurtle	Penny Lane Striders	24	24	24	72
3	Jill Hume	Chester Tri	22	19	23	64
4	Vicky Kehoe	Wallasey	21	20	22	63
5	Caroline Hall	Sunlight Runners	19	18	20	57
6	Dawn Urquhart	Buckley	23	23	dnr	46
7	Gill Peiser	Penny Lane Striders	13	13	15	41
8	Deb Gardner	Birkenhead	12	14	14	40
9	Alice Spooner	Penny Lane Striders	dnr	17	18	35
10	Barbara Swan	Penny Lane Striders	dnr	15	19	34
11	Jane Hallows	Penny Lane Striders	dnr	16	17	33
12	Sarah Henshaw	Deestriders	dnr	22	dnr	22
13	Lynn Frampton	Sunlight Runners	dnr	21	dnr	21
13	Kathryn Roberts	Helsby	dnr	dnr	21	21
15	Tarja Kinnunen	Penny Lane Striders	20	dnr	dnr	20
16	Rachel Lambert	Helsby	18	dnr	dnr	18
17	Helene Gilmour	Wirral	17	dnr	dnr	17
18	Cheryl White	Pensby Runners	16	dnr	dnr	16
18	Carolyn Houghton	Penny Lane Striders	dnr	dnr	16	16
20	Karla Webb	Sunlight Runners	15	dnr	dnr	15
21	Paula Smith	Wirral	14	dnr	dnr	14
22	Debbie Hanlon	Mersey Tri	11	dnr	dnr	11

Ladies Over 40

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Ruth Isaacs	Pensby Runners	25	25	25	75
2	Tricia Jones	Pensby Runners	24	24	24	72
3	Jeanette Fox	Wirral	23	23	23	69
4	Liz Thornton	Liverpool RC	21	22	22	65
5	Alison MacDonald	Ellesmere Port	22	19	21	62
6	Christine Salvage	Chester Tri	20	21	19	60
7	Clare Pritchard	Chester Tri	19	17	17	53
8	Jackie Keasley	Helsby	17	15	15	47
9	Sandra Connell	Picton	18	14	10	42
10	Sue Greene	Liverpool RC	dnr	20	18	38
11	Rachael Saunders	Wallasey	15	12	9	36
11	Jayne Neave	Chester Tri	14	11	11	36
13	Carole Morrison	Sunlight Runners	16	dnr	13	29
14	Carol Shaw	Helsby	dnr	16	12	28

Ladies Over 40 (cont)

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
15	Maria Brockway	Wirral	12	7	7	26
16	Kate Lewis	Picton	13	6	6	25
17	Rose Egan	Mersey Tri	6	18	dnr	24
18	Vanessa Griffiths	Helsby	dnr	dnr	20	20
19	Polly Hadziabdik	Birkenhead	11	dnr	5	16
19	Sara Atkinson	Tattenhall Runners	dnr	dnr	16	16
21	Michelle Kelly	Penny Lane Striders	dnr	dnr	14	14
22	Cathy Spencer	Picton	9	2	2	13
22	Val Desborough	Penny Lane Striders	dnr	13	dnr	13
24	Denise Brunton	Mersey Tri	10	1	dns	11
25	Sue Jones	Wallasey	dnr	10	dnr	10
26	Lynda Bayley	Pensby Runners	dnr	9	dnr	9
27	Sally Napthen	Chester Tri	dnr	8	dnr	8
27	Margaret McNeillis	Wallasey	8	dns	dns	8
27	Jan Taylor	Chester Tri	dnr	dnr	8	8
30	Kathryn Chase	Chester Tri	7	dns	dns	7
31	Sharon Langton	Picton	dnr	3	3	6
32	Lyn Ebbrell	Wirral	dnr	5	dnr	5
32	Maria Haigh	Birkenhead	5	dnr	dns	5
34	Bronwen Evans	Birkenhead	dnr	4	dnr	4
34	Julie Shalloe	Chester Tri	dnr	dnr	4	4
36	Angela Green	Chester Tri	dnr	dnr	1	1

Ladies Over 50

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Jane Fraser	Wirral	24	24		25 73
2	Stephanie Charman	Helsby	19	20		21 60
3	Lesley Cummings	Pensby Runners	18	19		22 59
4	Maureen Muir	Pensby Runners	25	25		dnr 50
5	Gen Williams	Penny Lane Striders	23	23		dnr 46
5	Madeleine Bird	Ellesmere Port	dnr	22		24 46
7	Nikki Davis	Wallasey	22	dnr		23 45
8	Chris Carson	Penny Lane Striders	21	21		dnr 42
9	Liz Kirkham	Mersey Tri	17	dnr		20 37
10	Lynne Kirk	Pensby Runners	20	dnr		dnr 20

Ladies Over 60

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Hazel Dirksen	Buckley	dnr	25	25	50
2	Jenny Chee	Pensby Runners	25	dnr	24	49

(Best 3 out of 4 Races count; dns = non-scorer; dnr = did not run; dnf = did not finish)
(Scoring for each age group is 25 for 1st, 24 for 2nd, 23 for 3rd, etc down to 1 to 25th)

Overall Ladies Position

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Rebecca Hannah	Wirral	25	24	24	73
2	Jennifer Pybis	Liverpool Harriers	22	23	23	68
3	Ruth Isaacs	Pensby Runners	23	22	22	67
4	Marina Ali	Liverpool Harriers	20	21	21	62
5	Pam Thurtle	Penny Lane Striders	18	20	18	56
6	Gemma Lawlor	Wirral	24	16	14	54
6	Tricia Jones	Pensby Runners	17	18	19	54
8	Liz Crawshaw	Wirral	dnr	25	25	50
9	Jeanette Fox	Wirral	15	17	17	49
10	Liz Thornton	Liverpool RC	9	13	15	37
11	Ruth Clegg	Liverpool Harriers	16	19	dnr	35
12	Catherine Howell	Birkenhead	19	15	dnr	34
13	Pippa Stott	Wirral	13	4	12	29
13	Alison MacDonald	Ellesmere Port	11	5	13	29
15	Dawn Urquhart	Buckley	14	14	dnr	28
16	Christine Salvage	Chester Tri	8	11	5	24
17	Becky Steen	Wirral	12	3	8	23
18	Maria Conaghan	Penny Lane Striders	21	dnr	dnr	21
18	Vicky Kehoe	Wallasey	7	7	7	21
20	Jill Hume	Chester Tri	10	1	9	20
20	Carol Williams	Tattenhall Runners	dnr	dnr	20	20
22	Rachel Patterson	Wirral	dnr	8	11	19
23	Grace Neal	Sunlight Runners	dnr	6	10	16
23	Sarah Jackson	Liverpool Harriers	dnr	dnr	16	16
25	Sue Greene	Liverpool RC	dnr	9	4	13
26	Sarah Henshaw	Deestriders	dnr	12	dnr	12
27	Lynn Frampton	Sunlight Runners	dnr	10	dnr	10
28	Clare Pritchard	Chester Tri	5	dns	3	8
29	Tarja Kinnunen	Penny Lane Striders	6	dnr	dnr	6
29	Vanessa Griffiths	Helsby	dnr	dnr	6	6
31	Maureen Muir	Pensby Runners	4	dns	dnr	4
32	Kerry Riley	West Cheshire	3	dns	dns	3
33	Rose Egan	Mersey Tri	dns	2	dnr	2
33	Kathryn Roberts	Helsby	dnr	dnr	2	2
33	Jane Fraser	Wirral	2	dns	dns	2
36	Caroline Hall	Sunlight Runners	1	dns	dns	1
36	Sara Atkinson	Tattenhall Runners	dnr	dnr	dnr	1
	Helene Gilmour	Wirral	dns	dnr	dnr	0

Overall Ladies Team Position

Pos	Club	Race 1	Race 2	Race 3	Total
1	Wirral 'A'	14	12	12	68
2	Liverpool Harriers 'A'	20	15	18	83
3	Pensby Runners 'A'	34	40	60	164
4	Wirral 'B'	51	50	41	172
5	Penny Lane Striders 'A'	33	72	69	204
6	Chester Tri 'A'	55	66	61	212
7	Sunlight Runners 'A'	97	66	81	274
8	Wirral 'C'	119	88	72	309
9	Helsby 'A'	99	117	76	322
10	Wallasey 'A'	86	107	103	326
11	Penny Lane Striders 'B'	116	115	113	374
12	Liverpool RC 'A'	149	103	107	389
13	Birkenhead 'A'	101	121	174	426
13	Picton 'A'	108	147	141	426
15	Chester Tri 'B'	150	156	115	451
16	Buckley 'A'	144	124	189	487
17	Mersey Tri 'A'	145	158	185	518
18	Pensby Runners 'B'	117	176	202	525
19	Ellesmere Port 'A'	147	219	130	526
20	West Cheshire 'A'	155	173	175	533
21	Tattenhall Runners 'A'	198	219	105	552
22	Wirral 'D'	198	140	193	561
23	Wallasey 'B'	161	195	193	579
24	Helsby 'B'	198	219	161	608
25	Deestriders 'A'	198	160	222	610
26	Penny Lane Striders 'C'	198	179	209	616
27	Chester Tri 'C'	198	219	172	619
28	Picton 'B'	198	204	204	636
29	Pensby Runners 'C'	176	219	222	647
30	Birkenhead 'B'	187	219	222	658