

## Final Positions

### Young Athletes – Boys

Pos	Name	Club	Age	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Richard Evans	Wirral	14	25	dnr	25	25	75
2	Niall Flanagan	Wirral	13	24	25	24	24	73
3	Nathan Schofield	Wirral	14	21	23	23	22	68
4	Will Patterson	Wirral	13	22	22	22	23	67
5	Rob Owen	Wirral	14	18	24	20	20	64
6	Charlie Quinn	Wirral	13	20	dnr	21	21	62
7	Niall Murphy	Mersey Tri	14	19	21	19	19	59
8	Thomas Robertson	Wirral	14	16	20	18	17	55
9	Guy Reeve	Wirral	13	12	18	17	18	53
10	Reece Magee	Wirral	12	15	19	dnr	13	47
11	Alex Brothy	Wirral	12	11	16	dnr	16	43
12	Ben Huxford	Picton	13	dnr	dnr	16	15	31
13	Jack Langton	Picton	13	dnr	dnr	15	14	29
14	James Taylor	Wirral	12	23	dnr	dnr	dnr	23
15	Chris Coleville	Wirral	12	17	dnr	dnr	dnr	17
15	Keiffer McQueen	Mersey Tri	11	dnr	17	dnr	dnr	17
17	Matthew Snape	Wirral	12	14	dnr	dnr	dnr	14
18	Felix Jackson	Wirral	12	13	dnr	dnr	dnr	13

### Men Under 20

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Nick Jones	Wirral	25	dnr	25	25	75
2	Ben Costello	Wirral	23	dnr	24	24	71
2	Phil Robertson	Wirral	22	25	23	23	71
4	Connor McArdle	Wallasey	21	24	dnr	21	66
5	Chris Wilson	Wirral	20	dnr	22	22	64
5	David Brockway	Wirral	18	23	21	20	64
7	Luke Proudfoot	Wirral	19	22	19	19	60
8	John-Philip Seymour	Wirral	24	dnr	dnr	dnr	24
9	Rory Lott	Wirral	dnr	dnr	20	dnr	20

### Men Under 30

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Ian Lawton	Liverpool Harriers	23	25	25	25	75
2	Greg Jones	Wallasey	22	24	24	24	72
3	Matt Williams	Wallasey	20	23	23	23	69
4	Will Ferguson	Wirral	19	22	22	22	66
5	Mark Clair	Liverpool RC	17	18	21	21	60
5	Neil Elsby	Wirral	16	20	20	20	60
7	Charles Aldersey	Tattenhall Runners	18	19	19	19	57
8	Luke Parker	Penny Lane Striders	21	21	dnr	dnr	42
9	Andrew Cabot	Bangor University	15	17	dnr	dnr	32
10	Andrew Leslie	Penny Lane Striders	13	15	dnr	dnr	28
11	Jonny Mellor	Liverpool Harriers	25	dnr	dnr	dnr	25
12	Jordan Donnelly	Wirral	24	dnr	dnr	dnr	24
13	Michael Brockway	Wirral	dnr	16	dnr	dnr	16
14	Dave Halliday	Wallasey	14	dnr	dnr	dnr	14

### Men Under 40

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Mark Hulmston	Wirral	dnr	25	25	25	75
2	Adair Broughton	Helsby	24	24	24	24	72
3	Simon Jeffs	Ellesmere Port	25	23	23	23	71
4	Mark Hargreaves	Penny Lane Striders	21	22	21	21	64
5	Ian Palin	Liverpool RC	dnr	21	20	22	63
6	Gary Thornton-Allen	Pensby Runners	22	dnr	19	19	60
7	Neil Kelly	Penny Lane Striders	19	20	17	dnr	56
7	Alistair McNay	Tattenhall Runners	20	19	9	17	56
9	Kelvin Dickinson	Wirral	17	18	16	dnr	51

## Men Under 40 (Cont)

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
10	John Cole	Ellesmere Port	16	17	13	11	46
11	Mike Robson	Wallasey	dnr	16	11	16	43
12	Simone Capponi	Penny Lane Striders	dnr	14	10	15	39
12	Dave Quinn	Liverpool Harriers	12	15	6	12	39
14	Rob Grantham	Ellesmere Port	dnr	dnr	18	20	38
15	Stuart Hill	Sunlight Runners	14	13	8	7	35
16	Mark Wharmby	Penny Lane Striders	13	11	dnr	6	30
17	David Sconce	Helsby	15	9	1	5	29
18	Mike Green	Wallasey	dnr	dnr	12	13	25
18	Matt Webb	Wirral	9	6	5	10	25
20	Stephen Laker	Wirral	23	dnr	dnr	dnr	23
21	Peter Taylor	Tattenhall Runners	dnr	dnr	22	dnr	22
22	Tim Munslow	West Cheshire	dnr	dnr	7	14	21
23	Nick Wilson	Wirral	10	dnr	2	8	20
24	Andrew Mitchell	Sunlight Runners	7	8	dns	4	19
25	Edward Halliwell	Helsby	8	7	3	dnr	18
25	Nick Bryne	Pensby Runners	18	dnr	dnr	dnr	18
25	Lee Midghall	Liverpool RC	dnr	dnr	dnr	18	18
28	Gary Goodall	Wallasey	dnr	12	4	dnr	16
29	Neil Toner	Wirral	dnr	dnr	15	dnr	15
30	Chris Prior	Chester Tri	dnr	dnr	14	dnr	14
31	Mark Smith	Tattenhall Runners	11	dnr	dnr	dnr	11
32	Phil Cuthbert	Wallasey	dnr	10	dnr	dnr	10
33	Tom Eagle	Chester Tri	dnr	dnr	dnr	9	9
34	Chris Bowers	Mersey Tri	dnr	4	dns	3	7
35	Kevin Keating	Wirral	6	dnr	dnr	dnr	6
36	Lee Brennan	Sunlight Runners	5	dnr	dnr	dnr	5
36	Robert Little	West Cheshire	dnr	5	dns	dnr	5
36	Iain Amison	Pensby Runners	1	3	dns	1	5
39	Adrian Mercer	Pensby Runners	4	dnr	dnr	dnr	4
40	David Lynan	Penny Lane Striders	3	dnr	dnr	dnr	3
41	Graham Hartley	Wallasey	dns	2	dnr	dns	2
41	Pat Bryan	Penny Lane Striders	2	dnr	dns	dnr	2
41	Darren Jones	Wallasey	dns	dns	dns	2	2
44	Keith Boyle	Penny Lane Striders	dnr	1	dns	dnr	1

## Men Over 40

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Paul Quine	Liverpool RC	25	25	24	24	74
2	Tony Wilcox	Liverpool RC	24	24	21	21	69
3	Jeff McQueen	West Cheshire	23	23	dnr	20	66
4	Mark Jacques	Liverpool RC	16	18	22	22	62
5	Joe Johnson	Birkenhead	21	21	19	19	61
6	Andrew Clague	West Cheshire	19	19	20	16	58
7	Pete Scarratt	Wirral	22	dnr	18	17	57
8	Richard Webster	Chester Tri	20	20	16	15	56
8	Ian Magill	Liverpool RC	17	22	17	14	56
10	Ian Cooper	Ellesmere Port	18	17	dnr	18	53
11	Ian Wetherall	Sale Harriers	dnr	dnr	25	25	50
12	John Hunt	Wirral	dnr	dnr	23	23	46
13	Maurice Collins	Liverpool RC	14	15	14	12	43
14	Chris Marshall	Ellesmere Port	13	13	12	13	39
15	Keith Simpson	Wallasey	11	12	13	dnr	36
16	John Armstrong	Wallasey	15	16	dnr	dnr	31
16	Colin Palmer	Wallasey	10	11	10	9	31
18	Chris Shaw	Wallasey	9	9	6	7	25
19	Ian Landucci	Helsby	8	8	8	8	24
20	Simon Greenwood	Chester Tri	7	10	4	dnr	21
20	Gary Munslow	Cheshire Hill Racers	dnr	dnr	11	10	21
22	Simon Fox	Wirral	dnr	dnr	9	11	20
22	Phil Bird	Wallasey	dns	7	7	6	20
24	Kenny Begley	Chester Tri	dnr	dnr	15	dnr	15
25	Myles Robertson	Wirral	dnr	14	dnr	dnr	14
26	Chris Gibbs	Wirral	12	dnr	dnr	dnr	12
27	Neil Johnson	Mersey Tri	dnr	dnr	5	5	10
28	Mike Burns	Ellesmere Port	dnr	6	dnr	3	9
28	Tony Man	Penny Lane Striders	5	2	2	1	9
30	Martin Witty	Deestridders	3	5	dnr	dns	8
30	Dave Boothroyd	Buckley	4	4	dns	dnr	8
32	Andrew Keeley	Penny Lane Striders	6	dnr	dnr	dnr	6
33	Martin Hirrell	Penny Lane Striders	1	3	dns	dns	4

## Men Over 40 (cont)

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
33	Max Woods	West Cheshire	dnr	dnr	dnr	4	4
33	George Pierce	Liverpool RC	2	dnr	dns	2	4
36	Andy Maire	Mersey Tri	dnr	dnr	3	dnr	3
37	Keith McLaughlin	Wallasey	dns	dnr	1	dnr	1
37	Neil Atkinson	West Cheshire	dns	1	dns	dnr	1
34	Andy Maire	Mersey Tri	dnr	dnr	3		3
35	George Pierce	Liverpool RC	2	dnr	dns		2
36	Keith McLaughlin	Wallasey	dns	dnr	1		1
36	Neil Atkinson	West Cheshire	dns	1	dns		1

## Men Over 50

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Tony Barbat	Wallasey	24	25	24	25	74
2	Ian Lancaster	Tattenhall Runners	25	24	25	dnr	74
3	Graeme Earlam	Ellesmere Port	23	23	22	23	69
4	Mike Stone	Wirral	20	20	dnr	20	60
5	Ian McNiell	Penny Lane Striders	21	19	15	dnr	55
5	Paul Miller	Tattenhall Runners	dnr	17	19	19	55
7	Huw Lewis	Buckley	22	21	dnr	8	51
8	Matt Whitfield	Ellesmere Port	dnr	16	18	16	50
9	Bob Benson	West Cheshire	15	15	16	13	46
10	Richard Saunders	Wallasey	dnr	13	17	15	45
11	David Lovett	Penny Lane Striders	dnr	22	dnr	21	43
12	Chris Rhodes	West Cheshire	16	12	dnr	12	40
13	Peter Elliott	Pensby Runners	18	10	8	11	39
14	Gordon Reed	Penny Lane Striders	19	14	dnr	dnr	33
15	Paul Aird	Deestridders	dnr	dnr	14	17	31
15	Geoff Shaw	Helsby	14	dnr	7	10	31
17	Steve Pemberton	Penny Lane Striders	11	dnr	dnr	14	25
18	David Norman	Wirral	dnr	dnr	dnr	24	24
18	Mark Roberts	Pensby Runners	10	3	11	1	24
20	Paul Frodsham	Last Inn Runners	dnr	dnr	23	dnr	23
21	Nick Holmes	Tattenhall Runners	dnr	dnr	dnr	22	22
21	Dave Quirk	Pensby Runners	6	7	9	5	22
23	Dave McAlister	Wallasey	7	9	5	dnr	21
23	Tony McDevitt	Wirral	dnr	dnr	21	dnr	21
25	Frank Martin	Penny Lane Striders	dnr	dnr	20	dnr	20
26	David Costello	Wirral	dnr	dnr	10	9	19
27	Steve Hammond	Tattenhall Runners	dnr	18	dnr	dnr	18
27	Robbie Wood	Liverpool PemBroke	dnr	dnr	dnr	18	18
29	Pete Weatherhead	Wirral	17	dnr	dnr	dnr	17
30	Martin Durrant	Tattenhall Runners	12	dnr	4	dns	16
31	Phil Wilkinson	Wallasey	9	2	3	dns	14
31	Rob Webster	Tattenhall Runners	dnr	1	6	7	14
31	Mark Watts	Pensby Runners	dnr	8	dnr	6	14
34	Barry Bright	Penny Lane Striders	dnr	11	2	dnr	13
34	Peter Stanley	Pensby Runners	dns	dnr	13	dnr	13
34	David Oldfield	Tattenhall Runners	13	dnr	dnr	dnr	13
37	Francis Slavin	Northern Vets	dnr	dnr	12	dnr	12
38	Mike Griffiths	Wallasey	dnr	6	1	3	10
39	Sam Darby	Penny Lane Striders	3	5	dnr	dnr	8
39	Pete McArdle	Wallasey	8	dns	dnr	dnr	8
39	Tony Kennedy	West Cheshire	dnr	4	dns	4	8
42	Andy Waring	Birkenhead	5	dns	dns	dnr	5
43	David Clarke	Tattenhall Runners	4	dns	dnr	dns	4
44	Frank Gower	Wallasey	2	dns	dns	dns	2
44	Keith Davies	Birkenhead	dns	dns	dns	2	2
46	Fred Roberts	Pensby Runners	1	dns	dns	dnr	1

## Men Over 60

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Chris Slavin	Liverpool RC	dnr	25	24	25	74
2	Stan Williams	Wallasey	24	23	23	23	70
3	Chris Morgan	Chester Tri	dnr	24	21	24	69
4	A Berry	Helsby	23	22	dnr	22	67
5	Dave Hough	West Cheshire	dnr	19	20	19	58
6	Bill Swift	Pensby Runners	20	18	18	dnr	56
7	Patrick Henley	Liverpool Harriers	18	20	17	17	55

**Men Over 60 (cont)**

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
8	Phil Aldag	Pensby Runners	16	15	16	16	48
9	Pete Roberts	Buckley	25	dnr	22	dnr	47
10	Graham Howell	Liverpool Harriers	dnr	17	14	15	46
11	Brian Beattie	West Cheshire	17	14	12	14	45
12	Mike Devereux	Penny Lane Striders	21	21	dnr	dnr	42
13	John Morris	Buckley	dnr	dnr	19	20	39
14	Ian Chalmers	Pensby Runners	14	13	11	dnr	38
15	Nigel Pratten	Wirral	19	dnr	dnr	18	37
16	Ian Cook	West Cheshire	12	11	9	12	35
17	Peter Chee	Pensby Runners	15	16	dnr	dnr	31
17	Fred Mottram	Pensby Runners	dnr	10	8	13	31
19	Phil Bailey	Southport & Waterloo	dnr	dnr	25	dnr	25
19	Harry Greenwood	Picton	13	12	dnr	dnr	25
21	Richard Batterham	West Cheshire	22	dnr	dnr	dnr	22
22	William Willmett	Liverpool RC	dnr	dnr	dnr	21	21
23	Jim Edwards	Birkenhead	dnr	dnr	15	dnr	15
24	Ian Sneddon	Birkenhead	dnr	dnr	13	dnr	13
25	Neil Thompson	Pensby Runners	dnr	dnr	dnr	11	11
26	Percy Hogg	Birkenhead	dnr	dnr	10	dnr	10
27	Geoff Harvey	West Cheshire	dnr	dnr	7	dnr	7

**Overall Mens Position**

Pos	Name	Club	Cat	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Nick Jones	Wirral	U20M	24	dnr	25	25	74
2	Ian Lawton	Liverpool Harriers	U30M	18	25	22	23	70
3	Mark Hulmston	Wirral	U40M	dnr	23	24	22	69
4	Paul Quine	Liverpool RC	O40M	21	24	21	21	66
5	Phil Robertson	Wirral	U20M	19	22	14	18	59
6	Adair Broughton	Helsby	U40M	12	21	20	17	58
7	Ben Costello	Wirral	U20M	20	dnr	16	20	56
8	Simon Jeffs	Ellesmere Port	U40M	14	19	19	9	52
9	Greg Jones	Wallasey	U30M	15	18	17	16	51
9	Tony Wilcox	Liverpool RC	O40M	17	20	12	14	51
11	Ian Wetherall	Sale Harriers	O40M	dnr	dnr	23	24	47
12	Jeff McQueen	West Cheshire	O40M	16	17	dnr	13	46
13	Mark Jacques	Liverpool RC	O40M	3	9	15	15	39
14	Ian Lancaster	Tattenhall Runners	O50M	11	13	13	dnr	37
14	John Hunt	Wirral	O40M	dnr	dnr	18	19	37
16	Joe Johnson	Birkenhead	O40M	10	12	10	12	34
17	Tony Barbat	Wallasey	O50M	1	15	8	7	30
18	Pete Scarratt	Wirral	O40M	13	dnr	6	10	29
18	Andrew Clague	West Cheshire	O40M	8	10	11	6	29
20	Mark Hargreaves	Penny Lane Striders	U40M	2	16	7	5	28
21	Jonny Mellor	Liverpool Harriers	U30M	25	dnr	dnr	dnr	25
21	Ian Cooper	Ellesmere Port	O40M	7	7	dnr	11	25
23	Richard Webster	Chester Tri	O40M	9	11	4	4	24
24	Jordan Donnelly	Wirral	U30M	23	dnr	dnr	dnr	23
24	Ian Magill	Liverpool RC	O40M	4	14	5	1	23
26	John-Philip Seymour	Wirral	U20M	22	dnr	dnr	dnr	22
27	Ian Palin	Liverpool RC	U40M	dnr	6	1	8	15
28	Peter Taylor	Tattenhall Runners	U40M	dnr	dnr	9	dnr	9
29	Connor McArdle	Wallasey	U20M	dns	8	dnr	dnr	8
30	Gary Thornton-Allen	Pensby Runners	U40M	5	dnr	dns	2	7
31	Maurice Collins	Liverpool RC	O40M	dns	4	2	dns	6
31	Stephen Laker	Wirral	U40M	6	dnr	dnr	dnr	6
33	John Armstrong	Wallasey	O40M	dns	5	dnr	dnr	5
34	Kenny Begley	Chester Tri	O40M	dnr	dnr	3	dnr	3
34	Myles Robertson	Wirral	O40M	dnr	3	dnr	dnr	3
34	Rob Grantham	Ellesmere Port	U40M	dnr	dnr	dns	3	3
37	Graeme Earlam	Ellesmere Port	O50M	dns	2	dns	dns	2
38	Neil Kelly	Penny Lane Striders	U40M	dns	1	dns	dnr	1

**(Best 3 out of 4 Races count; dns = non-scorer; dnr = did not run; dnf = did not finish)**

**(Scoring for each age group is 25 for 1st, 24 for 2nd, 23 for 3rd, etc down to 1 to 25th)**

### Overall Mens Team Position

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Wirral 'A'	22	90	33	26	171
2	Liverpool RC 'A'	93	57	75	71	296
3	Wallasey 'A'	127	85	123	124	459
4	Ellesmere Port 'A'	137	113	140	111	501
5	Wirral 'B'	144	291	167	144	746
6	Penny Lane Striders 'A'	181	139	223	232	775
7	Wallasey 'B'	243	184	242	245	914
8	Tattenhall Runners 'A'	244	247	230	318	1039
9	West Cheshire 'A'	268	252	316	214	1050
10	Helsby 'A'	257	224	306	308	1095
11	Wirral 'C'	314	619	278	277	1488
12	Penny Lane Striders 'B'	291	297	500	409	1497
13	Chester Tri 'A'	467	427	240	401	1535
14	Pensby Runners 'A'	303	451	424	379	1557
15	Wallasey 'C'	454	310	410	436	1610
16	Liverpool Harriers 'A'	286	375	514	456	1631
17	Liverpool RC 'B'	668	479	386	234	1767
18	Birkenhead 'A'	426	567	425	447	1865
19	Sunlight Runners 'A'	458	392	592	617	2059
20	Wallasey 'D'	605	477	546	555	2183
21	Wirral 'D'	476	810	416	507	2209
22	Tattenhall Runners 'B'	578	546	489	626	2239
23	Buckley 'A'	472	585	578	720	2355
24	Pensby Runners 'B'	595	577	624	571	2367
25	Penny Lane Striders 'C'	471	506	719	686	2382
26	Deestriders 'A'	614	559	669	592	2434
27	Ellesmere Port 'B'	811	524	692	523	2550
28	West Cheshire 'B'	714	590	688	584	2576
29	Wallasey 'E'	777	583	663	672	2695
30	Pensby Runners 'C'	705	657	707	695	2764
31	Mersey Tri 'A'	850	735	572	653	2810
32	Penny Lane Striders 'D'	578	718	885	845	3026
33	Sale Harriers 'A'	905	810	711	678	3104
34	Pensby Runners 'D'	783	763	817	778	3141
35	Helsby 'B'	755	727	885	775	3142
36	Picton 'A'	809	728	846	772	3155
37	Cheshire Hill Racers 'A'	905	810	742	714	3171
38	Birkenhead 'B'	868	810	723	845	3246
39	Penny Lane Striders 'E'	725	810	885	845	3265
40	Bangor University 'A'	814	738	885	845	3282
41	Vale Royal 'A'	875	776	836	803	3290
42	Last Inn Runners 'A'	905	810	740	845	3300
43	Southport & Waterloo 'A'	905	810	769	845	3329
44	Wirral 'E'	833	810	867	826	3336
45	Wallasey 'F'	905	752	885	832	3374
47	Chester Tri 'B'	905	810	849	818	3382
48	Liverpool Harriers 'B'	864	810	885	845	3404
49	Pensby Runners 'E'	871	810	885	845	3411
50	Tattenhall Runners 'C'	905	810	854	845	3414
51	West Cheshire 'C'	905	810	872	831	3418
52	Sunlight Runners 'B'	895	799	885	845	3424
	No Team Score	905	810	885	845	3445

### Young Athletes – Girls

Pos	Name	Club	Age	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Emily Kearney	Wirral	14	25	25	25	25	75
2	Millie Powell	Wirral	13	22	24	22	24	70
3	Sydney Isaacs	Wirral	13	23	23	23	23	69
3	Fiona Nuttall	Wirral	14	24	dnr	24	21	69
5	Aileen Kearney	Wirral	12	21	20	21	22	64
6	Lauren Bickett	Wirral	13	dnr	19	19	20	58
7	Fiona Stewart	Wirral	14	dnr	21	20	dnr	41
8	Molly Brewster	Wirral	13	dnr	dnr	18	19	37
9	Beth Foster	Wirral	11	dnr	22	dnr	dnr	22
10	Izzie Greenwood	Chester Tri	14	dnr	18	dnr	dnr	18

### Ladies Under 20

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Emily Atkin	Wirral	dnr	25	25	25	75

### Ladies Under 30

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Claire Walton	Wallasey	25	25	dnr	25	75
2	Sarah Jarvis	Liverpool Harriers	24	24	dnr	24	72
3	Sarah McRobie	Liverpool Harriers	23	dnr	25	23	71
4	Sarah Pope	Pensby Runners	17	22	24	22	68
5	Emma Lucy	Penny Lane Striders	20	20	23	21	64
6	Natalie Cooper	Penny Lane Striders	19	18	22	20	61
7	Aimee Bartley	Wirral	18	21	dnr	19	58
8	Michelle Cobern	Penny Lane Striders	15	16	21	dnr	52
9	Roisin Ward	Picton	16	17	dnr	18	51
10	Dawn Nunes	West Cheshire	dnr	23	dnr	dnr	23
11	Aimee Bolton	Wirral	22	dnr	dnr	dnr	22
12	Amanda Davies	Tattenhall Runners	21	dnr	dnr	dnr	21
13	Ruth Harkness	Pensby Runners	dnr	19	dnr	dnr	19
14	Sarah Knipe	Picton	dnr	dnr	dnr	17	17

### Ladies Under 40

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Jenny Clague	Liverpool Harriers	dnr	25	25	25	75
2	Joanna Marsden	Tattenhall Runners	25	24	24	24	73
3	Maria Conaghan	Penny Lane Striders	24	22	23	dnr	69
4	Alison Cole	Ellesmere Port	22	23	22	23	68
5	Jane Ashbrook	Helsby	23	21	dnr	21	65
6	Sarah Kearney	Wirral	21	20	20	22	63
7	Louise Nicholson	Liverpool RC	dnr	19	21	20	60
8	Pam Thurtle	Penny Lane Striders	20	dnr	19	18	57
9	Sally Holt	Wallasey	19	18	17	17	54
10	Lisa Grantham	Wirral	dnr	15	18	19	52
11	Ellie Wood	Pensby Runners	18	16	dnr	14	48
12	Stephanie Loach	Pensby Runners	dnr	14	16	15	45
13	Jane Eardley	Penny Lane Striders	15	10	15	12	42
14	Alison Engle	Wallasey	14	9	12	9	35
15	Kate Litherland	Chester Tri	17	17	dnr	dnr	34
15	Elizabeth Lynan	Penny Lane Striders	11	8	13	10	34
17	Jane Hallows	Penny Lane Striders	12	dnr	14	dnr	26
17	Sarah Jackson	Liverpool Harriers	dnr	13	dnr	13	26
17	Lisa Carney	Wallasey	9	6	11	6	26
20	Vicky Kehoe	Wallasey	13	12	dnr	dnr	25
20	Sacha Kendall-Woods	West Cheshire	10	7	dnr	8	25
22	Lisa Ayling	West Cheshire	6	5	10	7	23
23	Jane Gordge	Pensby Runners	dnr	11	dnr	11	22
24	Sharon Basford	Tattenhall Runners	8	dnr	6	4	18
25	Alison Lewis	Wirral	16	dnr	dnr	dnr	16
25	Bree Sutcliffe	Chester Tri	dnr	dnr	dnr	16	16
27	Angela Cook	West Cheshire	5	3	7	1	15
28	Alexandra Duncan-Price	Tattenhall Runners	dnr	dnr	9	5	14
29	Alice Spooner	Penny Lane Striders	dnr	4	8	dnr	12
30	Carolyn Houghton	Penny Lane Striders	7	dnr	dnr	2	9
31	Debbie Rowley	Mersey Tri	dnr	dnr	5	3	8
32	Sinead Malone	West Cheshire	4	dnr	dnr	dnr	4

## Ladies Over 40

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Michelle Murphy	Liverpool Harriers	25	25	25	24	75
2	Ruth Isaacs	Pensby Runners	24	24	24	25	73
3	Sara Atkinson	Tattenhall Runners	23	dnr	23	23	69
4	Caroline Hall	Sunlight Runners	22	22	21	18	65
5	Sharon Lamont	Wallasey	21	21	19	14	61
6	Janet Robertson	Helsby	20	19	dnr	17	56
7	Alison MacDonald	Ellesmere Port	18	20	dnr	15	53
8	Kath Stott	Tattenhall Runners	19	dnr	17	13	49
8	Lynda Bayley	Pensby Runners	16	17	16	12	49
10	Jane Saunders	Mersey Tri	dnr	dnr	22	22	44
10	Carole Morrison	Sunlight Runners	15	16	13	9	44
12	Jan Rogers	Chester Tri	dnr	23	dnr	20	43
13	Mandy Peffers	Chester Tri	dnr	dnr	20	21	41
14	Julie Pearce	Ellesmere Port	11	15	14	10	40
15	Susan Maire	Mersey Tri	dnr	dnr	18	19	37
16	Vanessa Griffiths	Helsby	dnr	18	dnr	16	34
16	Julie Barbat	Wallasey	9	13	12	6	34
18	Debbie Hadfield	Picton	12	14	dnr	7	33
19	Catherine Lancaster	Pensby Runners	14	12	5	1	31
20	Tarja Kinnunen	Penny Lane Striders	17	dnr	dnr	11	28
21	Janette Wilson	Sunlight Runners	5	11	10	4	26
22	Sue Davies	Pensby Runners	7	10	6	3	23
23	Maria Haigh	Birkenhead	4	9	4	dns	17
23	Lyn Ebbrell	Wirral	8	dnr	9	dnr	17
25	Maria Brockway	Wirral	dnr	dnr	8	8	16
26	Kath Frankland	Tattenhall Runners	dnr	dnr	15	dnr	15
27	Kate Lewis	Picton	13	dnr	dnr	dnr	13
28	Karen Birchall	Mersey Tri	dnr	dnr	7	5	12
29	Grace Hart	Tattenhall Runners	dnr	dnr	11	dnr	11
29	Polly Hadziabdik	Birkenhead	6	dnr	3	2	11
31	Jan Boyle	Pensby Runners	10	dnr	dnr	dnr	10
32	Helen Moss	Helsby	dnr	8	dnr	dnr	8

## Ladies Over 50

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Jane Fraser	Wirral	25	25	25	25	75
2	Sandra Connell	Picton	23	24	24	dnr	71
3	Nikki Davis	Wallasey	dnr	23	23	24	70
4	Alison Meakin	Helsby	22	20	20	dnr	62
5	Janet Shaw	Helsby	20	19	19	22	61
6	Betty Grieve	Helsby	19	17	18	21	58
7	Ann Ball	Ellesmere Port	18	18	17	20	56
8	Ceri Baker	Pensby Runners	16	dnr	15	18	49
9	Karen Lamberton	Pensby Runners	15	15	13	17	47
10	Gen Williams	Picton	dnr	16	14	16	46
11	Michelle Kelly	Penny Lane Striders	dnr	dnr	22	23	45
12	Jeanette Grimes	Picton	21	21	dnr	dnr	42
13	Carole Richards	Pensby Runners	dnr	dnr	16	19	35
14	Maureen Muir	Pensby Runners	24	dnr	dnr	dnr	24
15	Sarah Hagen	Pensby Runners	dnr	22	dnr	dnr	22
16	Jackie Keasley	Helsby	dnr	dnr	21	dnr	21
17	Lesley Cummings	Pensby Runners	17	dnr	dnr	dnr	17

## Ladies Over 60

Pos	Name	Club	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Jenny Peel	Picton	24	25	25	25	75
2	Jenny Chee	Pensby Runners	25	dnr	dnr	dnr	25

**(Best 3 out of 4 Races count; dns = non-scorer; dnr = did not run; dnf = did not finish)  
(Scoring for each age group is 25 for 1st, 24 for 2nd, 23 for 3rd, etc down to 1 to 25th)**

## Overall Ladies Position

Pos	Name	Club	Cat	Race 1	Race 2	Race 3	Race 4	Total (best of 3)
1	Claire Walton	Wallasey	U30F	25	24	dnr	25	74
1	Jenny Clague	Liverpool Harriers	U40F	dnr	25	25	24	74
3	Joanna Marsden	Tattenhall Runners	U40F	24	23	24	23	71
4	Alison Cole	Ellesmere Port	U40F	18	22	22	22	66
5	Maria Conaghan	Penny Lane Striders	U40F	21	19	23	dnr	63
5	Sarah Jarvis	Liverpool Harriers	U30F	23	21	dnr	19	63
5	Michelle Murphy	Liverpool Harriers	O40F	22	20	21	17	63
8	Ruth Isaacs	Pensby Runners	O40F	20	17	18	21	59
9	Sarah Kearney	Wirral	U40F	16	16	19	20	55
9	Jane Ashbrook	Helsby	U40F	19	18	dnr	18	55
11	Louise Nicholson	Liverpool RC	U40F	dnr	15	20	15	50
12	Sara Atkinson	Tattenhall Runners	O40F	15	dnr	17	16	48
13	Sarah McRobie	Liverpool Harriers	U30F	17	dnr	15	14	46
14	Pam Thurtle	Penny Lane Striders	U40F	14	dnr	16	12	42
15	Sally Holt	Wallasey	U40F	13	13	11	8	37
16	Lisa Grantham	Wirral	U40F	dnr	9	13	13	35
17	Sarah Pope	Pensby Runners	U30F	dns	7	12	9	28
18	Caroline Hall	Sunlight Runners	O40F	8	8	10	dns	26
18	Ellie Wood	Pensby Runners	U40F	11	11	dnr	4	26
20	Jane Saunders	Mersey Tri	O40F	dnr	dnr	14	11	25
21	Kate Litherland	Chester Tri	U40F	10	12	dnr	dnr	22
22	Stephanie Loach	Pensby Runners	U40F	dnr	5	9	5	19
23	Mandy Peffers	Chester Tri	O40F	dnr	dnr	8	10	18
24	Emma Lucy	Penny Lane Striders	U30F	7	4	6	3	17
25	Jan Rogers	Chester Tri	O40F	dnr	10	dnr	6	16
26	Sharon Lamont	Wallasey	O40F	5	2	7	dns	14
26	Dawn Nunes	West Cheshire	U30F	dnr	14	dnr	dnr	14
28	Aimee Bolton	Wirral	U30F	12	dnr	dnr	dnr	12
28	Natalie Cooper	Penny Lane Striders	U30F	6	dns	4	2	12
30	Aimee Bartley	Wirral	U30F	3	6	dnr	dns	9
30	Amanda Davies	Tattenhall Runners	U30F	9	dnr	dnr	dnr	9
32	Bree Sutcliffe	Chester Tri	U40F	dnr	dnr	dnr	7	7
33	Jane Fraser	Wirral	O50F	dns	dns	5	dns	5
34	Janet Robertson	Helsby	O40F	4	dns	dnr	dns	4
35	Jane Eardley	Penny Lane Striders	U40F	dns	dns	3	dns	3
35	Kath Stott	Tattenhall Runners	O40F	2	dnr	1	dns	3
35	Ruth Harkness	Pensby Runners	U30F	dnr	3	dnr	dnr	3
38	Alison MacDonald	Ellesmere Port	O40F	1	1	dnr	dns	2
38	Susan Maire	Mersey Tri	O40F	dnr	dnr	2	dns	2
40	Sarah Jackson	Liverpool Harriers	U40F	dnr	dns	dnr	1	1



## Overall Ladies Team Position

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Liverpool Harriers 'A'	16	12	17	18	63
2	Pensby Runners 'A'	48	43	39	43	173
3	Wirral 'A'	47	47	41	45	180
4	Penny Lane Striders 'A'	36	56	33	61	186
5	Wallasey 'A'	35	39	63	55	192
6	Tattenhall Runners 'A'	30	151	36	50	267
7	Helsby 'A'	72	69	119	69	329
8	Ellesmere Port 'A'	84	75	93	83	335
9	Penny Lane Striders 'B'	81	105	71	106	363
10	Pensby Runners 'B'	121	74	141	94	430
11	Wallasey 'B'	103	104	111	125	443
12	Sunlight Runners 'A'	124	121	105	141	491
13	Chester Tri 'A'	172	104	166	55	497
14	Picton 'A'	111	123	155	164	553
14	Wirral 'B'	116	155	146	136	553
16	West Cheshire 'A'	145	96	161	152	554
17	Penny Lane Striders 'C'	106	195	95	186	582
18	Mersey Tri 'A'	234	222	90	95	641
19	Tattenhall Runners 'B'	149	222	117	182	670
20	Pensby Runners 'C'	172	134	181	187	674
21	Liverpool RC 'A'	234	159	154	177	724
22	Helsby 'B'	183	159	192	194	728
23	Liverpool Harriers 'B'	234	174	222	120	750
24	Picton 'B'	162	176	222	216	776
25	Birkenhead 'A'	205	208	195	217	825
26	Wallasey 'C'	213	168	222	223	826
27	Pensby Runners 'D'	195	197	222	219	833
28	Ellesmere Port 'B'	211	204	222	224	861
29	Penny Lane Striders 'D'	205	222	191	249	867
30	Mersey Tri 'B'	234	222	203	226	885
31	West Cheshire 'B'	218	203	222	249	892
32	Tattenhall Runners 'C'	234	222	201	249	906
33	Helsby 'C'	234	209	222	249	914
	No Team Score	234	222	222	249	927