North West XC – Race 3 – Arrowe Park – 6 December 2010 – 4.54M

Mens Results

1	Nick Jones	Spectrum Striders	SM
(2	Matt Rose	Buckley (Guest)	SM)
2	Ian Lawton	Penny Lane Striders	SM
3	Graham Houghton	Spectrum Striders	SM
4	Mark Jacques	Liverpool RC	V40
5	Dave Edwards	Liverpool RC	V40
6	Ian Palin	Liverpool RC	SM
7	Dylan Cole-Jones	Skem & Parbold	SM
8	Paul Schumann	Ford, Roby & Picton	V40
9	Colin Martin	Spectrum Striders	V50
10	Neil Crompton	Spectrum Striders	SM
11	Adair Broughton	Helsby RC	SM
12	Lee Midghall	Liverpool RC	SM
13	John Thompson	Skem & Parbold	V40
14	Joe Johnson	Birkenhead & Pensby	V40
15	Albert De-Jong	Spectrum Striders	V40
16	Chris Millington	Spectrum Striders	SM
17	Nigel Grant	Penny Lane Striders	V40
18	Steve Martin	Spectrum Striders	V50
19	Neil Kelly	Penny Lane Striders	SM
20	Neil Garnett	Spectrum Striders	V40
21	Steve Pilditch	Spectrum Striders	SM
22	Simone Capponi	Penny Lane Striders	SM
23	Dave Ralphs	Newburgh Nomads	V50
24	Wally Coppelov	Newburgh Nomads	V50
25	Rob Hough	Spectrum Striders	SM
26	David Hudd	Spectrum Striders	SM
27	Paul Riley	Penny Lane Striders	
28	Julian Spencer	Spectrum Striders	V50
29	Mark Hargreaves	Penny Lane Striders	SM
30	Ian Pudge	Spectrum Striders	SM
31	Dave Quinn	Penny Lane Striders	SM
32	Ste McNicholas	Penny Lane Striders	V40
33	George Pierce	Liverpool RC	V40
34	Mark Clair	Liverpool RC	SM
35	Paul Marlow	Liverpool RC	V40
36	Hamsin Hadziabdik	Birkenhead & Pensby	V40
37	Jim Dawson	Warrington RR	V40
38	Ian Edge	Warrington RR	V40
39	Paul Rainford	Liverpool RC	V40
40	Andy Gaskell	Spectrum Striders	V40
41	Patrik Corrigan	Birkenhead & Pensby	V40
42	Dave Moran	Liverpool RC	V40
43	Terry McKeown	Liverpool RC	V40
44	Brad Ehlen	Spectrum Striders	V40
45	Frank Martin	Penny Lane Striders	V50
46	Martin Hirrell	Penny Lane Striders	V40
47	Mark Finch	Penny Lane Striders	V40
48	Neil Hankinson	Warrington RR	
49	Robbie Burke	Liverpool RC	V40
50	Tony Man	Penny Lane Striders	V40
51	Andy Smith	Birkenhead & Pensby	V40
52	Steve Kemp	Liverpool RC	SM
53	Ian McNiell	Birkenhead & Pensby	V50
54	Neil Adair	Spectrum Striders	SM
55	Andy Glen	Ford, Roby & Picton	V40
56	Billy Merritt	Liverpool RC	V40
57	Andy Dalton	Skem & Parbold	V40
58	Phil Gillard	Helsby RC	V40
59	Andrew Stansfield	Penny Lane Striders	V40
60	Tim Warn	Penny Lane Striders	V60
61	Peter Summers	Skem & Parbold	V50
62	Gordon Scholefield	Birkenhead & Pensby	V50
63	Gordon Reed	Penny Lane Striders	V50
64	Fred Duenbier	Newburgh Nomads	V50
65	Geoff Hand	Spectrum Striders	V50
66	Dave Thompson	Spectrum Striders	V50
67	Nigel Cochrane	Newburgh Nomads	V50
68	Richard Packer	Penny Lane Striders	SM
69	Paul Brady	Penny Lane Striders	V40
70	Keith Brown	Warrington RR	V40
71	Steve Pemberton	Penny Lane Striders	V50
72	Brian Kennedy	Newburgh Nomads	V60
73	Frank Greene	Liverpool RC	V60
74	Nigel Pratten	Birkenhead & Pensby	V60
75	Charlie Stanway	Penny Lane Striders	V50
76	Steve Saunders	Birkenhead & Pensby	V40
77	Keith Davies	Birkenhead & Pensby	V50
78	John Gresty	Skem & Parbold	V60
79	Fran McCombs	Liverpool RC	V40
80	Kit Whitfield	Spectrum Striders	V40
81	Mal Boyes	Ford, Roby & Picton	V40
82	Steve Clayton	Liverpool RC	V50
83	Eamon Brady	Penny Lane Striders	V40
84	Andy Waring	Birkenhead & Pensby	V50
85	Andy Smith	Helsby RC	V40
86	Ian Sneddon	Birkenhead & Pensby	V60
87	Andy Webster	Ford, Roby & Picton	V40
88	Steve Girling	Birkenhead & Pensby	V60
89	Tony Morris	Liverpool RC	V50
90	Percy Hogg	Birkenhead & Pensby	V60
91	Neil Goulding	Skem & Parbold	SM
92	Barry Allman	Spectrum Striders	V50
93	James Downey	Birkenhead & Pensby	V40
94	Ian Chalmers	Birkenhead & Pensby	V60
95	Fred Mottram	Birkenhead & Pensby	V70

Ladies Results

1	Liz Whitfield	Spectrum Striders	SL
2	Claire Andrew	Spectrum Striders	SL
3	Debra Campbell	Skem & Parbold	SL
4	Yvonne Wyke	Skem & Parbold	FV40
5	Alison Draper	Spectrum Striders	SL
6	Ruth Isaacs	Birkenhead & Pensby	FV40
7	Tracy Entwistle	Warrington RR	
8	Pauline Welsby	Spectrum Striders	FV35
9	Emma Lucy	Penny Lane Striders	SL
10	Pam Thurtle	Penny Lane Striders	SL
11	Janet Robertson	Helsby RC	FV40
12	Jane Eardley	Penny Lane Striders	SL
13	Christina Puccinni	Penny Lane Striders	FV40
14	Carole Quirk	Skem & Parbold	FV50
15	Donna Hinsley	Spectrum Striders	FV40
16	Gill Darby	Penny Lane Striders	FV40
17	Sandra Connell	Ford, Roby & Picton	FV50
18	Sally Adams	Skem & Parbold	FV40
19	Nikki Chamberlain	Warrington RR	FV40
20	Michelle Kelly	Penny Lane Striders	FV50
21	Kayleigh Ralphs	Skem & Parbold	SL
22	Kate Lewis	Ford, Roby & Picton	FV40
23	Ceri Baker	Birkenhead & Pensby	FV50
24	Angie Andrews	Liverpool RC	FV40
25	Catherine Lancaster	Birkenhead & Pensby	FV50
26	Rachel Burke	Liverpool RC	SL
27	Steph Charman	Spectrum Striders	FV60
28	Eunice Nopondo	Penny Lane Striders	FV40
29	Karen Lamberton	Birkenhead & Pensby	FV50
30	Maria Haigh	Birkenhead & Pensby	FV40
31	Sue Davies	Birkenhead & Pensby	FV40
32	Anne Hewitt	Spectrum Striders	FV60

Team Results

Men

Pos	Team	Score	Points
1	Spectrum Striders	54	9
2	Liverpool RC	94	8
3	Penny Lane Striders	116	7
4	Birkenhead & Pensby	257	6
5	Skem & Parbold	307	5
6	Newburgh Nomads	355 (only 5 ran)	4
7	Warrington RR	403 (only 4 ran)	3
8	Ford, Roby & Picton	441 (only 4 ran)	2
9	Helsby RC	469 (only 3 ran)	1

Ladies

Pos	Team	Score	Points
1	Spectrum Striders	11	9
2	Skem & Parbold	21	8
3	Penny Lane Striders	31	7
4	Birkenhead & Pensby	54	6
5	Warrington RR	68 (only 2 ran)	5
6	Ford, Roby & Picton	81 (only 2 ran)	4
7	Liverpool RC	92 (only 2 ran)	3
8	Helsby RC	95 (only 1 ran)	2
9	Newburgh Nomads	No Team	-

CURRENT POSITIONS

MEN

Pos	Team	Race 1	Race 2	Race 3	Total
1	Spectrum Striders	8	9	9	26
2	Liverpool RC	9	8	8	25
3	Penny Lane Striders	7	7	7	21
4	Newburgh Nomads	6	5	4	15
5	Skem & Parbold	4	4	5	13
6	Birkenhead & Pensby	3	2	6	11
7	Warrington RR	5	1	3	9
8	Ford, Roby & Picton	2	3	2	7
9	Helsby RC	1	0	1	2

LADIES

Pos	Team	Race 1	Race 2	Race 3	Total
1	Spectrum Striders	9	9	9	27
2	Skem & Parbold	7	8	8	23
3	Penny Lane Striders	6	6	7	19
4	Liverpool RC	8	7	3	18
5	Warrington RR	5	5	5	15
6	Birkenhead & Pensby	4	4	6	14
7	Ford, Roby & Picton	3	3	4	10
8	Helsby RC	NT	2	2	4
9	Newburgh Nomads	NT	NT	NT	NT

Photographs of this race can be found at http://www.flickr.com/photos/mickcharman/ compliments of Mick Charman from Spectrum Striders.