

North West XC – Race 4 – Town Park – 14 January 2018 – 4.8M

Mens Results

1	Ian Lawton	Mersey Tri	U40M	76	Richard Peers	Mersey Tri	U40M
2	Jonathan Smith	Lymm Runners	U30M	77	Ian Atkinson	Chester Tri	O50M
3	Martin Swensson	Penny Lane Striders	O40M	78	Paul Cheetham	Skem BH	O45M
4	Chris Pownell	Knowsley Harriers	U30M	79	Andy Gaskell	Spectrum Striders	O50M
5	Chris Stanford	Warrington Tri	U40M	80	Tim Palmer	Helsby	O50M
6	Chris Maher	Penny Lane Striders	U40M	81	Davyd Michell	Helsby	O40M
7	Jamie Rutherford	Liverpool RC	U30M	82	Graham Driver	Spectrum Striders	O50M
8	Dan Harbidge	Warrington Tri	U30M	83	Andrew McGlone	Kirkby Milers	U40M
9	Stephen Watkin	Penny Lane Striders	U40M	84	Tim Grace	Mersey Tri	O45M
10	Dean Hanwell	Mersey Tri	U40M	85	Thomas Rimmer	Penny Lane Striders	U40M
11	Christian Harvey	Knowsley Harriers	U20M	86	Geoff Rudd	Liverpool RC	O55M
12	Mark Heavey	Warrington RR	O45M	87	Jim Dawson	Lymm Runners	O50M
13	Jonjo Doherty	St Helens Striders	U40M	88	Kevin Outten	St Helens Striders	O40M
14	Lawrence Eccles	Penny Lane Striders	U40M	89	Mike Smith	Lymm Runners	O50M
15	Mark Clair	Mersey Tri	U40M	90	Michael Parr	Northwich RC	O40M
16	Thom Atkinson	Mersey Tri	U30M	91	Joseph Chedgzoy	Kirkby Milers	U40M
17	Jay Brittles	Mersey Tri	U40M	92	Robert Moore	Knowsley Harriers	O40M
18	James Toohey	Liverpool RC	U30M	93	Stephen Riley	Helsby	O50M
19	Rob Grantham	Pensby Runners	O40M	94	Wally Coppelov	Newburgh Nomads	O55M
20	Alan Smithson	Mersey Tri	U40M	95	Ian Scouler	Northwich RC	O50M
21	Neil Finegan	Helsby	O40M	96	Leslie Johnson	Northwich RC	O45M
22	Alex Rigby	Liverpool RC	U30M	97	Matthew Cartwright-Terry	Mersey Tri	O40M
23	Ian Magill	Liverpool RC	O45M	98	Andrew Gerrard	Warrington RR	O50M
24	Josh Keogh	Penny Lane Striders	U30M	99	Benjamin Crossley	Helsby	U40M
25	Marty Christian	Kirkby Milers	O45M	100	Mike Womack	Lymm Runners	U40M
26	Daniel Cheetham	St Helens Striders	U40M	101	Gary Wilton	Kirkby Milers	O40M
27	Peter Talboys	Lymm Runners	U40M	102	Matt Helm	Liverpool RC	O55M
28	Alex Cowin	Penny Lane Striders	U40M	103	Paul Booth	St Helens Striders	U40M
29	Stephen Harrison	Village Runners	O45M	104	Mike Douglas	Warrington Tri	U40M
30	Will Kozer	Widnes RC	U40M	105	David Wooster	Warrington RC	O40M
31	Karl Budworth	Widnes RC	O40M	106	Gary Fisher	Kirkby Milers	U40M
32	Paul Waters	Knowsley Harriers	U40M	107	Mark Walker	Warrington Tri	O45M
33	Kyle Harrison	Liverpool RC	U30M	108	Grant Davidson	Mersey Tri	O40M
34	Phil Johnson	Mersey Tri	U40M	109	Michael Williams	Helsby	U40M
35	Chris Gorman	Northwich RC	U40M	110	Andy Garnett	Spectrum Striders	O60M
36	Alex Mason	Delamere Spartans	O40M	111	Richard Shayle	Pensby Runners	O45M
37	Paul Martin	Mersey Tri	U40M	112	Steve Dipple	Penny Lane Striders	O45M
38	John Preece	Kirkby Milers	O40M	113	Peter Leadbeater	Kirkby Milers	O50M
39	Simon Rogers	Pensby Runners	O55M	114	Barry Williams	Mersey Tri	U40M
40	Chris Ryan	Mersey Tri	U40M	115	Brian Middleton	St Helens Striders	O60M
41	Rob Fletcher	Mersey Tri	O45M	116	Mark Glaister	Skem BH	O55M
42	Steven McKenzie	Kirkby Milers	O40M	117	Neil Goulding	Skem BH	O40M
43	David Edwards	Kirkby Milers	O55M	118	Kieran Walshe	Lymm Runners	O50M
44	Jonathan Toft	Penny Lane Striders	U40M	119	Chris Reid	St Helens Striders	O55M
45	Stu Atkinson	Delamere Spartans	O40M	120	Ian McNeill	Birkenhead	O55M
46	Robert Owens	Knowsley Harriers	U40M	121	Daniel Tetlow	St Helens Striders	U40M
47	Ross White	Penny Lane Striders	U30M	122	Mario Giannini	Widnes RC	U40M
48	Phil Riding	Penny Lane Striders	O40M	123	Peter Glover	Warrington RC	O45M
49	Matthew Robinson	Newburgh Nomads	U40M	124	Colin Rushton	Warrington RC	O45M
50	James Ellis	Kirkby Milers	U40M	125	Steve Pemberton	Penny Lane Striders	O60M
51	Colin Dobbs	Penny Lane Striders	O40M	126	Daniel Chadwick	Spectrum Striders	O40M
52	Michael Gall	Knowsley Harriers	U40M	127	Colin Kennedy	Kirkby Milers	O50M
53	Kevin Walker	Skem BH	O40M	128	Gary Hilton	Warrington Tri	O45M
54	Phil Rowen	Lymm Runners	O45M	129	Paul Dowdle	St Helens Striders	O45M
55	Chris Murray	Helsby	U40M	130	Lee Roger	Mersey Tri	O45M
56	Lee Dunham	Mersey Tri	U30M	131	Lee Southern	Northwich RC	U40M
57	Mark Dunn	Kirkby Milers	U40M	132	Andrew Troy	Penny Lane Striders	U30M
58	Simone Capponi	Penny Lane Striders	O40M	133	Christopher Lee	Knowsley Harriers	O45M
59	Matthew Whalley	Kirkby Milers	U20M	134	Peter Moville	St Helens Striders	O55M
60	Matt Stewart	Lymm Runners	-	135	Fred Duenbier	Newburgh Nomads	O60M
61	Ian Russell	Penny Lane Striders	O50M	136	Tony Peacock	Penny Lane Striders	O60M
62	Mike Hitchmough	Newburgh Nomads	O50M	137	Andie Gow	Pensby Runners	O60M
63	Paul Scully	Warrington RC	O45M	138	David Glover	Warrington RC	U40M
64	Eric Ranson	St Helens Striders	O45M	139	Darren Roberts	Warrington RC	O45M
65	Gary English	Liverpool RC	O50M	140	Paul Harbidge	Warrington Tri	O55M
66	Nick Wishart	Delamere Spartans	O50M	141	Roger Seddon	Warrington RC	O50M
67	Kevin Harrison	Kirkby Milers	O40M	142	Simone Tondelloni	Lymm Runners	U40M
68	Lewis Houghton	Kirkby Milers	U20M	143	Tim Schofield-Jones	Northwich RC	O40M
69	John Jensen	Penny Lane Striders	O40M	144	Roy Gaskill	Helsby	O50M
70	Paul Gray	Penny Lane Striders	O45M	145	Andy Dowdeswell	Widnes RC	U40M
71	Ian Ellis	Mersey Tri	O45M	146	Colin Lamprey	Pensby Runners	O55M
72	Nigel Foo	Penny Lane Striders	O45M	147	Mark Hamill	Lymm Runners	O50M
73	Ian Chisnall	St Helens Striders	O40M	148	Andrew Bates	Penny Lane Striders	U40M
74	Ian Roche	Mersey Tri	O55M	149	Philip Walton	Warrington RC	O40M
75	Michael O'rouke	Penny Lane Striders	U40M	150	Neil Egerton	Widnes RC	O50M

151	Antony Dagnall	St Helens Striders	O60M	168	James Roberts	Penny Lane Striders	U40M
152	Alan Wilcox	Northwich RC	O50M	169	Paul Wilson	Widnes RC	O55M
153	Rick Rowe	St Helens Striders	U40M	170	Tony Fishwick	Kirkby Milers	O45M
154	Rob Lloyd	Widnes RC	O45M	171	Darren Wood	Widnes RC	O45M
155	Tony Green	Penny Lane Striders	O60M	172	Paul Cunningham	Helsby	O45M
156	John Kleiser	Delamere Spartans	O40M	173	Chris Hatton	Helsby	O60M
157	Brad Ehlen	Northwich RC	O45M	174	Andy Dalton	Skem BH	O55M
158	Frank Murphy	Knowsley Harriers	O50M	175	Dave Thompson	Spectrum Striders	O60M
159	Chris Morgan	Helsby	O60M	176	Ian Howard	Northwich RC	O40M
160	Stuart Greenhall	Northwich RC	O55M	177	Bill Sergeson	Penny Lane Striders	O50M
161	Adrian Pridgeon	St Helens Striders	U40M	178	Ian Broadhurst	Knowsley Harriers	O50M
162	Andrew Skett	Lymm Runners	O60M	179	Tony Clixby	Village Runners	O60M
163	Chris Byrne	Northwich RC	U40M	180	Adrian Moulding	Lymm Runners	O50M
164	Matt Willcott	Helsby	O40M	181	John Traynor	Lymm Runners	O55M
165	Dave Williams	Village Runners	O40M	182	Davie Thompson	Liverpool RC	U40M
166	Mark Green	Warrington RC	O45M	183	Mark Dutton	Northwich RC	O45M
167	David Dean	Lymm Runners	O50M	184	Gareth Finlay	Warrington RC	O40M

Ladies Results

1	Lucinda Lamb	Helsby	U35F	47	Gill Collen	Warrington RR	O50F
2	Hazel MacCormick	Penny Lane Striders	U40F	48	Abigail Willmitt	Liverpool RC	U35F
3	Kelly Hamilton	St Helens Striders	U35F	49	Emily Smith	Helsby	U40F
Guest	Emily Gray	Liverpool Harriers	U20F	50	Lesley Feakes	Helsby	O50F
4	Stella Hayden	Penny Lane Striders	U35F	51	Janet Walker	Skem BH	O40F
5	Honor Thompson	Skem BH	U40F	52	Sue Buck	Helsby	O50F
6	Kate Macfarlane	Penny Lane Striders	U35F	53	Kathryn Schofield	Warrington Tri	U20F
7	Jennifer Houghton	Kirkby Milers	U35F	54	Karen Bain	Northwich RC	O40F
8	Liz Turner	Penny Lane Striders	U40F	55	Charlotte Dacia-McKelvie	Widnes RC	U30F
9	Maria Cook	Parbold Pink Panthers	O40F	56	Sally Adams	Parbold Pink Panthers	O40F
10	Laura Baynham-Hughes	Helsby	O40F	57	Ann Johnson	St Helens Striders	O40F
11	Sharon Samson	Penny Lane Striders	U40F	58	Lisa Fothergill	Lymm Runners	O40F
12	Marina Maxwell	Widnes RC	O40F	59	Elaine Parry	St Helens Striders	U40F
13	Tiffany Moorcroft	Northwich RC	O40F	60	Claire Harrison	Warrington RC	U40F
14	Janet Owens	Knowsley Harriers	O40F	61	Jessica Messenger	Northwich RC	U40F
15	Becky Wadeson	Skem BH	U40F	62	Michelle Jones	Delamere Spartans	U35F
16	Bridget Glaister	Parbold Pink Panthers	O40F	63	Elaine Riley	Widnes RC	O40F
17	Louise Davison	Penny Lane Striders	U30F	64	Sarah Bolton	Warrington RC	U35F
18	Nicole Leow	Kirkby Milers	U30F	65	Rebecca Pearmaine	Northwich RC	U35F
19	Lisa Grantham	Pensby Runners	O40F	66	Dawn Hignett	Widnes RC	O40F
20	Caroline Barrow	Widnes RC	O40F	67	Abbie Jennings	Northwich RC	U20F
21	Christina Roach	Helsby	O50F	68	Nicky Johnson	Parbold Pink Panthers	O40F
22	Beata Suthard	Northwich RC	U40F	69	Clare Wright	Liverpool RC	O40F
23	Tarja Barnes	Warrington RR	O40F	70	Susan Berry	Liverpool RC	O50F
24	Debbie Wilson	Mersey Tri	U40F	71	Carolyn Smith	Lymm Runners	O50F
25	Angela Delaney	Kirkby Milers	O50F	72	Katherine Robertson	Mersey Tri	U40F
26	Yvonne Wyke	Parbold Pink Panthers	O50F	73	Debbie Caord	Widnes RC	0
27	Janet Robertson	Helsby	O50F	74	Clare Lowery	Warrington RC	O50F
28	Clare Firth	Warrington RC	O40F	75	Kerry Riley	St Helens Striders	U40F
29	Suzy Hamley	Knowsley Harriers	O40F	76	Alison Felstead	Lymm Runners	O40F
30	Charlotte Rawcliffe	Penny Lane Striders	U40F	77	Kath Roberts	Warrington RC	O50F
31	Anne Gregory	Warrington RR	O40F	78	Polly Walker	Warrington RC	O40F
32	Lorna Harper	Mersey Tri	U35F	79	Stacey Clark	Widnes Wasps	U30F
33	Jennifer O'Sullivan	Kirkby Milers	U35F	80	Ursula Cheetham	Parbold Pink Panthers	O40F
34	Helen Patterson	Widnes RC	U40F	81	Katy O'Connor	Lymm Runners	O50F
35	Anja Dunsch	Knowsley Harriers	U35F	82	Vicki Wilcox	Northwich RC	O40F
36	Sue Sanderson	Warrington RC	O40F	83	Gail Fairclough	Liverpool RC	O60F
37	Melanie Bradley	Northwich RC	O40F	84	Robyn English	Liverpool RC	O40F
38	Jenny McClelland	Lymm Runners	O40F	85	Katie Warburton	Northwich RC	U35F
39	Hayley Wilkinson	Warrington RC	U30F	86	Agata Rutkowska	Widnes Wasps	U40F
40	Cristina Puccini	Penny Lane Striders	O50F	87	Louise Zwanepoel	Northwich RC	U35F
41	Rachel Arnold	Helsby	O50F	88	Sarah Seddon	Warrington RC	O50F
42	Debbie Read	Helsby	O60F	89	Anita King	Warrington RC	O50F
43	Sarah Jackson	Penny Lane Striders	O40F	90	Sarah Shead	Northwich RC	U35F
44	Tanya Foley	Parbold Pink Panthers	O50F	91	Laura Owen	Warrington RC	U35F
45	Susie Woodward-Moor	Helsby	O50F	92	Charlotte Mills	Northwich RC	O40F
46	Susan Kerfoot	St Helens Striders	U40F				

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	84	21
2	Mersey Tri 'A'	100	20
3	Liverpool RC 'A'	168	19
4	Knowsley Harriers 'A'	237	18
5	Lymm & Warrington RR 'A'	242	17
6	Kirkby Milers 'A'	255	16
7	St Helens Striders 'A'	367	15
8	Helsby 'A'	429	14
9	Warrington Tri 'A'	492	13
10	Birkenhead & Pensby 'A'	572	12
11	Northwich RC 'A'	590	11
12	Widnes RC 'A'	632	10
13	Warrington RC 'A'	692	9
14	Skem & Parbold 'A'	732 (Only 5 Ran)	8
15	Spectrum Striders 'A'	766 (Only 5 Ran)	7
16	Delamere Spartans 'A'	691 (Only 4 Ran)	6
17	Newburgh Nomads 'A'	728 (Only 4 Ran)	5
18	Village Runners 'A'	955 (Only 3 Ran)	4
19	Chester Tri 'A'	1047 (Only 1 Ran)	3
20=	Ellesmere Port RC 'A'	No Team	-
20=	Widnes Wasps 'A'	No Team	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	12	21
2	Skem & Parbold 'A'	29	20
3	Helsby 'A'	32	19
4	Kirkby Milers 'A'	50	18
5	Widnes RC 'A'	66	17
6	Northwich RC 'A'	72	16
7	Knowsley Harriers 'A'	78	15
8	Lymm & Warrington RR 'A'	92	14
9	Warrington RC 'A'	103	13
10	St Helens Striders 'A'	106	12
11	Mersey Tri 'A'	128	11
12	Liverpool RC 'A'	187	10
13	Widnes Wasps 'A'	267 (Only 2 Ran)	9
14	Birkenhead & Pensby 'A'	223 (Only 1 Ran)	8
15	Warrington Tri 'A'	257 (Only 1 Ran)	7
16	Delamere Spartans 'A'	266 (Only 1 Ran)	6
17=	Ellesmere Port RC 'A'	No Team	-
17=	Spectrum Striders 'A'	No Team	-
17=	Village Runners 'A'	No Team	-
17=	Newburgh Nomads 'A'	No Team	-
17=	Chester Tri 'A'	No Team	-

CURRENT POSITIONS

Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Total
1=	Mersey Tri 'A'	20	21	20	20	81
1=	Penny Lane Striders 'A'	21	20	19	21	81
3	Liverpool RC 'A'	19	19	21	19	78
4	Knowsley Harriers 'A'	18	18	18	18	72
5	Lymm & Warrington RR 'A'	17	17	17	17	68
6	St Helens Striders 'A'	15	16	16	15	62
7	Kirkby Milers 'A'	16	15	14	16	61
8	Birkenhead & Pensby 'A'	13	13	13	12	51
9=	Warrington RC 'A'	12	14	15	9	50
9=	Helsby 'A'	14	10	12	14	50
11	Newburgh Nomads 'A'	10	12	10	5	37
12=	Widnes RC 'A'	11	11	4	10	36
12=	Warrington Tri 'A'	7	5	11	13	36
14	Northwich RC 'A'	8	7	9	11	35
15	Spectrum Striders 'A'	9	8	7	7	31
16	Skem & Parbold 'A'	3	6	6	8	23
17	Delamere Spartans 'A'	6	2	8	6	22
18	Chester Tri 'A'	5	9	3	3	20
19	Village Runners 'A'	4	4	5	4	17
20	Ellesmere Port RC 'A'	2	3	2	NT	7
21	Widnes Wasps 'A'	NT	NT	NT	NT	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Total
1	Penny Lane Striders 'A'	21	20	21	21	83
2	Skem & Parbold 'A'	20	21	18	20	79
3	Helsby 'A'	18	19	20	19	76
4	Widnes RC 'A'	12	18	16	17	63
5	Kirkby Milers 'A'	16	13	15	18	62
6	Birkenhead & Pensby 'A'	19	10	20	8	57
6	Northwich RC 'A'	9	17	15	16	57
8	Knowsley Harriers 'A'	15	16	9	15	55
9	Warrington RC 'A'	14	11	13	13	51
9	Lymm & Warrington RR 'A'	13	12	12	14	51
11	St Helens Striders 'A'	11	8	17	12	48
12	Liverpool RC 'A'	10	15	11	10	46
13	Spectrum Striders 'A'	17	14	8	NT	39
14	Mersey Tri 'A'	8	9	10	11	38
15	Widnes Wasps 'A'	7	7	NT	9	23
16	Warrington Tri 'A'	5	NT	7	7	19
17	Chester Tri 'A'	NT	6	6	NT	12
17	Delamere Spartans 'A'	6	NT	NT	6	12
19	Ellesmere Port RC 'A'	NT	NT	NT	NT	-
19	Newburgh Nomads 'A'	NT	NT	NT	NT	-
19	Village Runners 'A'	NT	NT	NT	NT	-

(NT= No Team)