

North West XC – Race 6 – Birchwood Park – 25 February 2018 ~ 5.2M

Mens Results

1	Ian Lawton	Mersey Tri	U40M	75	Leslie Johnson	Northwich RC	O45M
2	Martin Swensson	Penny Lane Striders	O40M	76	Andy Dowdeswell	Widnes RC	U40M
3	Chris Stanford	Warrington Tri	U40M	77	Neil Goulding	Skem BH	O40M
4	Jamie Rutherford	Liverpool RC	U30M	78	Daryl Mullen	Newburgh Nomads	O50M
5	Dean Hanwell	Mersey Tri	U40M	79	Wally Coppelov	Newburgh Nomads	O55M
6	Jay Brittles	Mersey Tri	U40M	80	Graham Driver	Spectrum Striders	O50M
7	Stephen Watkin	Penny Lane Striders	U40M	81	Richard Peers	Mersey Tri	U40M
8	Mark Clair	Mersey Tri	U40M	82	Barry Williams	Mersey Tri	U40M
9	Jonathan Smith	Lymm Runners	U30M	83	Luke Wills	Skem BH	U40M
10	Lawrence Eccles	Penny Lane Striders	U40M	84	Thomas Rimmer	Penny Lane Striders	U40M
11	Jonjo Doherty	St Helens Striders	U40M	85	Andrew McGlone	Kirkby Milers	U40M
12	Thom Atkinson	Mersey Tri	U30M	86	Andy Doran	Mersey Tri	O40M
13	Thomas O'Dowd	Knowsley Harriers	U30M	87	Michael Parr	Northwich RC	O40M
14	Paul Martin	Mersey Tri	U40M	88	Stephen Riley	Helsby	O50M
Guest	Paul Sankey	Liverpool Harriers	O40M	89	Daniel Tetlow	St Helens Striders	U40M
15	Josh Keogh	Penny Lane Striders	U30M	90	Matt Helm	Liverpool RC	O55M
16	Marty Christian	Kirkby Milers	O45M	91	Paul Wilson	Liverpool RC	O45M
17	Mark Howard	Mersey Tri	O40M	92	Anthony Brennan	Chester Tri	U40M
18	Jay Clarke	Penny Lane Striders	U40M	93	Grant Davidson	Mersey Tri	O40M
19	James Thompson	Knowsley Harriers	U40M	94	Matt Sanderson	Warrington RC	O45M
20	Daniel Dunnington	Mersey Tri	U30M	95	Stuart Brotherton	Northwich RC	U40M
21	Stephen Harrison	Village Runners	O45M	96	Ian McNeill	Birkenhead	O60M
22	Steven McKenzie	Kirkby Milers	O40M	97	Robert Chalmers	Pensby Runners	O40M
23	Simon Rogers	Pensby Runners	O55M	98	Lee Southern	Northwich RC	U40M
24	Chris Ryan	Mersey Tri	U40M	99	Geoff Hand	Spectrum Striders	O60M
25	Rob Garth	Penny Lane Striders	U30M	100	Richard Harris	Newburgh Nomads	O55M
26	Alex Mason	Delamere Spartans	O40M	101	Ian Scouler	Northwich RC	O50M
27	Matthew Robinson	Newburgh Nomads	U40M	102	Aaron Perry	Warrington RR	-
28	Stu Atkinson	Delamere Spartans	O40M	103	Chris Reid	St Helens Striders	O55M
29	Ian Magill	Liverpool RC	O45M	104	Gary Parker	Pensby Runners	U40M
30	Rob Fletcher	Mersey Tri	O45M	105	Peter Leadbeater	Kirkby Milers	O50M
31	James Ellis	Kirkby Milers	U40M	106	Mark Glaister	Skem BH	O55M
32	Ross White	Penny Lane Striders	U30M	107	Steve Dipple	Penny Lane Striders	O45M
33	Colin Dobbs	Penny Lane Striders	O40M	108	Paul Dowdle	St Helens Striders	O45M
34	Chris Gorman	Northwich RC	U40M	109	David Glover	Warrington RC	U40M
35	Michael Heyes	Mersey Tri	U40M	110	Rob McHarry	Spectrum Striders	O50M
36	Francis Edwards	Delamere Spartans	-	111	Peter Moville	St Helens Striders	O55M
37	Owen Barden	Mersey Tri	O40M	112	Roger Seddon	Warrington RC	O50M
38	Jay Williams	Kirkby Milers	U40M	113	Alex Abbott	St Helens Striders	U40M
39	Mike Waring	Chester Tri	O50M	114	Neil Jenkins	Chester Tri	O50M
40	Matt Clair	Liverpool RC	U30M	115	Rob Johnson	Mersey Tri	O55M
41	Not Recorded	0	0	116	Paul Harbidge	Warrington Tri	O55M
42	Kevin Walker	Skem BH	O40M	117	Huw Kinsman	Spectrum Striders	U30M
43	David Edwards	Kirkby Milers	O55M	118	Julian Spencer	Spectrum Striders	O55M
44	Colin Walsh	Penny Lane Striders	U40M	119	James Jones	Helsby	O50M
45	Phil Rowen	Lymm Runners	O45M	120	Simon Byrne	Widnes RC	U40M
46	Mike Hitchmough	Newburgh Nomads	O50M	121	Joe McGlynn	Penny Lane Striders	O60M
47	Matthew Whalley	Kirkby Milers	U20M	122	Alan Wilcox	Northwich RC	O50M
48	Matt Collins	Mersey Tri	U40M	123	Rob Lloyd	Widnes RC	O45M
49	Gareth Boyd	Helsby	O45M	124	Mark Hamill	Lymm Runners	O50M
50	Steven Foley	Newburgh Nomads	O50M	125	Chris Byrne	Northwich RC	U40M
51	Andrew Keeley	Penny Lane Striders	O55M	126	Tony Peacock	Penny Lane Striders	O60M
52	Dave Connor	Mersey Tri	O40M	127	Andrew Bates	Penny Lane Striders	U40M
53	Stuart Johnson	Spectrum Striders	U30M	128	Andrew Troy	Penny Lane Striders	U30M
54	Ian Roche	Mersey Tri	O55M	129	Colin Lamprey	Pensby Runners	O55M
55	Ian Wilson	Mersey Tri	U40M	130	John Kleiser	Delamere Spartans	O40M
56	Chris Usher	Newburgh Nomads	O40M	131	Chris Morgan	Helsby	O60M
57	Joseph Chedgzoy	Kirkby Milers	U40M	132	Leslie Abbott	St Helens Striders	O55M
58	Gary Wilton	Kirkby Milers	O40M	133	Philip Walton	Warrington RC	O40M
59	Kevin Harrison	Kirkby Milers	O40M	134	John Clarke	Kirkby Milers	O50M
60	Sean Wilton	Kirkby Milers	U30M	135	Dave Fisher	Ellesmere Port RC	O60M
61	Chris Enwright	Mersey Tri	U40M	136	Brian Kennedy	Newburgh Nomads	O60M
62	Jon Hawker	Delamere Spartans	O50M	137	Alan Grehan	Warrington RR	U40M
63	Patrick Corrigan	Pensby Runners	O55M	138	Tony Green	Penny Lane Striders	O60M
64	Kevin Gillibrand	Warrington RR	O50M	139	Craig Carless	Northwich RC	U40M
65	Andrew Shelbourne	Widnes RC	U40M	140	Brad Ehlen	Northwich RC	O45M
66	Lee Ward	Liverpool RC	O40M	141	John Fitzgerald	Mersey Tri	O60M
67	Andy Gaskell	Spectrum Striders	O50M	142	Mike Perchard	Northwich RC	O60M
68	Nigel Foo	Penny Lane Striders	O45M	143	Andy Dalton	Skem BH	O55M
69	Ian Chisnall	St Helens Striders	O40M	144	Mike Jennings	Northwich RC	O55M
70	Tim Grace	Mersey Tri	O45M	145	David Dean	Lymm Runners	O50M
71	Ian Russell	Penny Lane Striders	O50M	146	Paul Rust	Mersey Tri	O40M
72	Gary English	Liverpool RC	O55M	147	Tony Fishwick	Kirkby Milers	O45M
73	Michael O'rourke	Penny Lane Striders	U40M	148	James Roberts	Penny Lane Striders	U40M
74	George Daval	Mersey Tri	U30M	149	Kris Fisher	Warrington RC	U30M

150	Bill Sergeson	Penny Lane Striders	O50M	153	Dave Barrow	Kirkby Milers	O60M
151	Dennis Yarwood	Spectrum Striders	O50M	154	Gareth Finlay	Warrington RC	O40M
152	Darren Wood	Widnes RC	O45M				

(Incorrect finishing counters where give to the 2 finishers after 100 and therefore places 101 and 102 moved forward 2 places).

Ladies Results

1	Lauren Wilson	Penny Lane Striders	U30F	37	Elaine Parry	St Helens Striders	O40F
2	Hazel MacCormick	Penny Lane Striders	U40F	38	Michelle Jones	Delamere Spartans	U35F
3	Kate Macfarlane	Penny Lane Striders	U35F	39	Sue Buck	Helsby	O50F
4	Honor Thompson	Skem BH	U40F	40	Rebecca Pearmaine	Northwich RC	U35F
5	Liz Turner	Penny Lane Striders	U40F	41	Helen Lacy	Northwich RC	U40F
6	Lucy Partridge	Pensby Runners	U40F	42	Lisa Fothergill	Lymm Runners	O40F
7	Becky Wadeson	Skem BH	U40F	43	Jackie Keasley	Helsby	O50F
8	Tiffany Moorcroft	Northwich RC	O40F	44	Becky Harrison	Kirkby Milers	U20F
9	Bridget Glaister	Parbold Pink Panthers	O40F	45	Dawn Hignett	Widnes RC	O40F
10	Marina Maxwell	Widnes RC	O40F	46	Helen Goldsmith	Warrington RC	O40F
11	Maria Cook	Parbold Pink Panthers	O40F	47	Yvonne Holburn	Northwich RC	O40F
12	Caroline Barrow	Widnes RC	O40F	48	Vera Langley	St Helens Striders	O50F
13	Debbie Wilson	Mersey Tri	U40F	49	Jessica Messenger	Northwich RC	U40F
14	Stella Hayden	Penny Lane Striders	U35F	50	Rebecca Dagger	Widnes Wasps	U35F
15	Beata Suthard	Northwich RC	U40F	51	Kathryn Ellis	Lymm Runners	U40F
16	Tarja Barnes	Warrington RR	O40F	52	Carla Langley	St Helens Striders	U35F
17	Janet Robertson	Helsby	O50F	53	Carolyn Knott	Penny Lane Striders	O40F
18	Lucy Helsby	Kirkby Milers	U30F	54	Helen Hayes	Widnes RC	-
19	Sharon Samson	Penny Lane Striders	U40F	55	Clare Wright	Liverpool RC	O40F
20	Karon Forster	Spectrum Striders	O50F	56	Fran Lloyd	Northwich RC	U30F
21	Clare Firth	Warrington RC	O40F	57	Katherine Robertson	Mersey Tri	U40F
22	Germaine Holmes	Lymm Runners	O40F	58	Pat Kelly	Liverpool RC	O50F
23	Helen Patterson	Widnes RC	U40F	59	Nicola Schofield	Northwich RC	U35F
24	Rachael Gaskill	Lymm Runners	U40F	60	Alison Felstead	Lymm Runners	O40F
25	Anne Gregory	Warrington RR	O40F	61	Nikki Hamling	Widnes RC	U40F
26	Melanie Bradley	Northwich RC	O40F	62	Gail Fairclough	Liverpool RC	O60F
27	Rosemary Symms	Chester Tri	O60F	63	Ursula Cheetham	Parbold Pink Panthers	O40F
28	Helen Lowe	Northwich RC	O40F	64	Louise Zwanepoel	Northwich RC	U35F
29	Debbie Read	Helsby	O60F	65	Sarah Shead	Northwich RC	U35F
30	Sue Sanderson	Warrington RC	O40F	66	Agata Rutkowska	Widnes Wasps	U40F
31	Tanya Foley	Parbold Pink Panthers	O50F	67	Laura Owen	Warrington RC	U35F
32	Susan Kerfoot	St Helens Striders	U40F	68	Charlotte Mills	Northwich RC	O40F
33	Louise Plevin	Warrington RC	U35F	69	Karen Bain	Northwich RC	O40F
34	Joanne McGillicuddy	Widnes Wasps	O40F	70	Steph Charman	Spectrum Striders	O60F
35	Gill Collen	Warrington RR	O50F				
36	Jennifer O'Sullivan	Kirkby Milers	U35F				

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Mersey Tri 'A'	49	21
2	Penny Lane Striders 'A'	77	20
3	Kirkby Milers 'A'	197	19
4	Liverpool RC 'A'	301	18
5	Newburgh Nomads 'A'	336	17
6	Lymm & Warrington RR 'A'	481	16
7	Northwich RC 'A'	490	15
8	St Helens Striders 'A'	491	14
9	Birkenhead & Pensby 'A'	512	13
10	Spectrum Striders 'A'	526	12
11	Warrington RC 'A'	751	11
12	Delamere Spartans 'A'	446 (only 5 Ran)	10
13	Skem & Parbold 'A'	615 (only 5 Ran)	9
14	Widnes RC 'A'	700 (only 5 Ran)	8
15	Helsby 'A'	715 (only 4 Ran)	7
16	Chester Tri 'A'	737 (only 3 Ran)	6
17	Knowsley Harriers 'A'	688 (only 2 Ran)	5
18	Warrington Tri 'A'	775 (only 2 Ran)	4
19	Village Runners 'A'	841 (only 1 Ran)	3
20	Ellesmere Port RC 'A'	955 (only 1 Ran)	2
21	Widnes Wasps 'A'	No Team	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	6	21
2	Skem & Parbold 'A'	20	20
3	Widnes RC 'A'	45	19
4	Northwich RC 'A'	49	18
5	Lymm & Warrington RR 'A'	62	17
6	Warrington RC 'A'	84	16
7	Helsby 'A'	85	15
8	St Helens Striders 'A'	117	14
9	Widnes Wasps 'A'	150	13
10	Liverpool RC 'A'	175	12
11	Kirkby Milers 'A'	98 (no vet in Team)	11
12	Mersey Tri 'A'	150 (Only 2 Ran)	10
13	Spectrum Striders 'A'	170 (Only 2 Ran)	9
14	Birkenhead & Pensby 'A'	166 (Only 1 Ran)	8
15	Chester Tri 'A'	187 (Only 1 Ran)	7
16	Delamere Spartans 'A'	198 (Only 1 Ran)	6
17	Newburgh Nomads 'A'	No Team	-
17	Village Runners 'A'	No Team	-
17	Ellesmere Port RC 'A'	No Team	-
17	Knowsley Harriers 'A'	No Team	-
17	Warrington Tri 'A'	No Team	-

Many thanks to Spectrum Striders for organising today's race and the refreshments afterwards. Special thanks also to all the marshalls.

Congratulations to everyone who took part today especially the individual winners and the winning teams.

FINAL POSITIONS

Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Mersey Tri 'A'	20	21	20	20	21	21	103
2	Penny Lane Striders 'A'	21	20	19	21	20	20	102
3	Liverpool RC 'A'	19	19	21	19	19	18	97
4	Knowsley Harriers 'A'	18	18	18	18	15	5	87
5=	Kirkby Milers 'A'	16	15	14	16	18	19	84
5=	Lymm & Warrington RR 'A'	17	17	17	17	11	16	84
7	St Helens Striders 'A'	15	16	16	15	13	14	76
8	Birkenhead & Pensby 'A'	13	13	13	12	17	13	69
9	Newburgh Nomads 'A'	10	12	10	5	14	17	63
10=	Helsby 'A'	14	10	12	14	12	7	62
10=	Warrington RC 'A'	12	14	15	9	10	11	62
12	Northwich RC 'A'	8	7	9	11	8	15	51
13	Delamere Spartans 'A'	6	2	8	6	16	10	46
14	Widnes RC 'A'	11	11	4	10	4	8	44
15	Spectrum Striders 'A'	9	8	7	7	7	12	43
16	Warrington Tri 'A'	7	5	11	13	6	4	42
17	Skem & Parbold 'A'	3	6	6	8	9	9	38
18	Chester Tri 'A'	5	9	3	3	5	6	28
19	Village Runners 'A'	4	4	5	4	3	3	20
20	Ellesmere Port RC 'A'	2	3	2	NT	NT	2	9
21	Widnes Wasps 'A'	NT	NT	NT	NT	NT	NT	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Penny Lane Striders 'A'	21	20	21	21	21	21	105
2	Skem & Parbold 'A'	20	21	18	20	20	20	101
3	Helsby 'A'	18	19	20	19	19	15	95
4	Widnes RC 'A'	12	18	16	17	17	19	87
5	Kirkby Milers 'A'	16	13	15	18	18	11	80
6	Northwich RC 'A'	9	17	15	16	15	18	81
7	Lymm & Warrington RR 'A'	13	12	12	14	16	17	72
8=	Warrington RC 'A'	14	11	13	13	13	16	69
8=	Knowsley Harriers 'A'	15	16	9	15	14	NT	69
10	Birkenhead & Pensby 'A'	19	10	20	8	6	8	65
11	St Helens Striders 'A'	11	8	17	12	7	14	62
12	Liverpool RC 'A'	10	15	11	10	11	12	59
13	Spectrum Striders 'A'	17	14	8	NT	9	9	57
14	Mersey Tri 'A'	8	9	10	11	13	10	53
15	Widnes Wasps 'A'	7	7	NT	9	8	13	44
16	Chester Tri 'A'	NT	6	6	NT	10	7	29
17	Warrington Tri 'A'	5	NT	7	7	5	NT	24
18	Delamere Spartans 'A'	6	NT	NT	6	4	6	22
19=	Ellesmere Port RC 'A'	NT	NT	NT	NT	NT	NT	-
19=	Newburgh Nomads 'A'	NT	NT	NT	NT	NT	NT	-
19=	Village Runners 'A'	NT	NT	NT	NT	NT	NT	-

(NT= No Team)

Congratulations to this years winners – **Men** – Individual – Ian Lawton (Mersey Tri, Team – Mersey Tri – **Ladies** - Individual – Hazel MacCormick (Penny Lane Striders) , Team – Penny Lane Striders.

Club Reps don't forget to attend the annual meeting so that next seasons dates can be finalised.
See you all next season - John & Steve