

## North West XC – Race 4 – Croxteth Park – 2 February 2020 – 5.5M

### Mens Results

1	Ian Lawton	Mersey Tri	U40M	77	Gary English	Liverpool RC	O55M
2	Jay Brittles	Mersey Tri	U40M	78	Patrick Breen	North Endurance	U40M
3	Martin Swensson	Penny Lane Striders	O40M	79	Kevin Smith	Helsby RC	O40M
4	Oliver Chadwick	Mersey Tri	U30M	80	Dave Barr	Liverpool RC	O45M
5	Danny Schofield	Warrington RC	U30M	81	Andrew Biddle	Penny Lane Striders	O45M
6	Ben Lewington	Kirkby Milers	U30M	82	Matthew Whalley	Kirkby Milers	U30M
7	Dean Hanwell	North Endurance	U40M	83	Gary Parker	Pensby Runners	U40M
8	Jamie Rutherford	Liverpool RC	U30M	84	Sam Stretch	Liverpool Running Bugs	-
9	James Toohey	Liverpool RC	U30M	85	Patrick Corrigan	Pensby Runners	O55M
10	Mark Clair	Mersey Tri	U40M	86	Paul Williams	North Endurance	U40M
11	Michael Heyes	Mersey Tri	U40M	87	Stephen Harrison	Birkenhead	O45M
12	Ben Taylor	Pensby Runners	U30M	88	Nigel Grant	Penny Lane Striders	O55M
13	Daniel Harbidge	North Endurance	U30M	89	Richard Thorpe	Penny Lane Striders	U40M
14	Alan Smithson	Mersey Tri	U40M	90	Paul McNally	Mersey Tri	O45M
15	Graham Douglas	Penny Lane Striders	U40M	91	Richard Bragg	Widnes RC	-
16	Tom Evans	Penny Lane Striders	U40M	92	Andrew Boulger	Kirkby Milers	O45M
17	Lawrence Eccles	Penny Lane Striders	U40M	93	Ian Atkinson	Chester Tri	O55M
18	Sean Jones	Penny Lane Striders	U40M	94	Mark Baker	Warrington Tri	O50M
19	David Willshire	Penny Lane Striders	U40M	95	Simone Capponi	Penny Lane Striders	O40M
20	Charlie Deakin	Kirkby Milers	U20M	96	Andrew Dowdeswell	Widnes RC	U40M
21	Steven McKenzie	Kirkby Milers	O40M	97	Daryl Mullen	Newburgh Nomads	O55M
22	Paul Martin	North Endurance	U40M	98	Jim Dawson	Lymm Runners	O55M
23	Alex Cowin	Penny Lane Striders	O40M	99	Tadie Abeki	Knowsley Harriers	O40M
24	Stephen Watkin	Penny Lane Striders	U40M	100	Ian Roche	Mersey Tri	O55M
25	Thomas Wilson	Liverpool RC	U30M	101	Ian Magill	Liverpool RC	O50M
26	Alex Rigby	Liverpool RC	U30M	102	Edward Halliwell	Helsby RC	O45M
27	Matt McClay	Mersey Tri	U40M	103	Nigel Foo	Penny Lane Striders	O50M
28	Jay Williams	Kirkby Milers	U40M	104	Mark Atherton	Widnes RC	O40M
29	Karl Budworth	Widnes RC	O40M	105	David Green	Pensby Runners	U40M
30	Colin Walsh	Penny Lane Striders	U40M	106	Martin Clarke	Liverpool RC	O40M
31	Lee Moore	Kirkby Milers	U40M	107	Stephen Bennett	North Endurance	U30M
32	James Ellis	Kirkby Milers	U40M	108	Matt Sanderson	Warrington RC	O45M
33	Gary Wilton	Kirkby Milers	O40M	109	Steven Foley	Newburgh Nomads	O50M
34	Neil Bullock	Ellesmere Port RC	U40M	110	Paul Brown	Liverpool RC	O40M
35	Daniel Dunnington	Mersey Tri	U30M	111	Paul Wilson	Liverpool RC	O50M
36	Paul Duke	Burnden Road Runners	O40M	112	Paul Johnstone	Mersey Tri	O45M
37	Edwin Drost	Warrington RC	U40M	113	Mike Smith	Lymm Runners	O55M
38	John Preece	Kirkby Milers	O45M	114	John McCaffrey	Knowsley Harriers	U40M
39	John Myers	Run Sandymoor	O40M	115	Iain Borsby	Northwich RC	O40M
40	Chris Ryan	Mersey Tri	O40M	116	Barry Williams	Mersey Tri	U40M
41	Peter Roome	Mersey Tri	O55M	117	Ian King	Liverpool RC	O60M
42	Rob Hough	Spectrum Striders	O45M	118	Andrew Bates	Penny Lane Striders	U40M
43	Colin Lewis	Penny Lane Striders	-	119	Matthew Parmenter	St Helens Striders	O45M
44	Lee Warburton	Penny Lane Striders	O45M	120	Anthony Hilton	Lymm Runners	O45M
45	Kevin Harrison	Kirkby Milers	O40M	121	Graham Lui	Kirkby Milers	-
46	Christopher Lee	Liverpool Running Bugs	O50M	122	Graham Driver	Spectrum Striders	O50M
47	Paul Gray	Penny Lane Striders	O50M	123	Shaun Wright	Liverpool Running Bugs	U30M
48	Francis Hourigan	Widnes RC	O40M	124	Graham Cushion	Liverpool RC	O40M
49	Matt Clair	Liverpool RC	U40M	125	Stephen Riley	Helsby RC	O55M
50	Alex Gifford	Ellesmere Port RC	O40M	126	James Warburton	Kirkby Milers	U40M
51	Phil Rowen	Lymm Runners	O45M	127	Robert Chalmers	Pensby Runners	O40M
52	Karl Tuzio	Newburgh Nomads	O55M	128	Bobby Burke	Liverpool RC	O50M
53	Ralph Pawling	Pensby Runners	U40M	129	Jason Barrow	Northwich RC	O40M
54	David Edwards	Kirkby Milers	O55M	130	Chris Alexander	Kirkby Milers	U30M
55	Neil Oakes	Mersey Tri	U40M	131	Joe Cook	Skem BH	U20M
56	Karl Bowles	St Helens Striders	O45M	132	Mike Lisle	Mersey Tri	O60M
57	Andrew McGlone	Kirkby Milers	U40M	133	David Smith	Burnden Road Runners	O55M
58	Mark Dunn	Kirkby Milers	U40M	134	Paul Alexander	Pensby Runners	O60M
59	Ian Hamling	Helsby RC	O40M	135	Mark Glaister	Skem BH	O55M
60	Ian Chisnall	St Helens Striders	O45M	136	Paul Clarke	North Endurance	O50M
61	Glyn Evans	Northwich RC	O55M	137	Michael McIntyre	Kirkby Milers	U40M
62	Gary Fisher	Kirkby Milers	U40M	138	Paul Harbidge	Warrington Tri	O55M
63	Rob Fletcher	Mersey Tri	O45M	139	Stephen Dipple	Penny Lane Striders	O45M
64	Kieran Thomson	Warrington RC	U20M	140	Frank Kelly	Liverpool RC	O55M
65	Kevin Brennan	St Helens Striders	O50M	141	Kevin Walker	Skem BH	O40M
66	Fabian Devlin	North Endurance	U40M	142	Allen Wearing	Liverpool RC	O60M
67	Luke Wills	Skem BH	U40M	143	George Pierce	Liverpool RC	O50M
68	Michael O'Rourke	Penny Lane Striders	U40M	144	Gary Hilton	Warrington Tri	O45M
69	Ian Palin	Liverpool RC	O45M	145	Joe McGlynn	Penny Lane Striders	O60M
70	Callum Healey	Mersey Tri	U40M	146	John Hammond	Mersey Tri	O40M
71	Paul Ravenscroft	Warrington RR	O45M	147	Peter Carney	Skem BH	U40M
72	Scott Hambleton	Penny Lane Striders	O40M	148	Joshua McGovern	Liverpool Running Bugs	U30M
73	Adam Fitzsimmons	Kirkby Milers	U30M	149	Ranald Mackay	Spectrum Striders	O50M
74	Damian Chambers	Liverpool Running Bugs	-	150	Terry Lynch	Penny Lane Striders	O50M
75	Joe McCarthy	Mersey Tri	O50M	151	John Suckley	Pensby Runners	O60M
76	Ian Russell	Penny Lane Striders	O55M	152	Lee Johnson	Warrington Tri	O55M

153	Alan McDermott	Penny Lane Striders	O55M	191	Paul Ritchie	Northwich RC	O45M
154	Andrew Gerrard	Warrington RR	O55M	192	Tony Green	Penny Lane Striders	O60M
155	Andrew Kenny	Northwich RC	O45M	193	Paul Neill	Warrington RC	O45M
156	Carl Yu	Liverpool RC	O45M	194	Carl Stewart	Run Sandymoor	O45M
157	Keelan McCorrison	North Endurance	U30M	195	Mark Scott	Liverpool RC	O50M
158	Chris Wills	Knowsley Harriers	O40M	196	Mark Fillingham	St Helens Striders	O50M
159	Colin Thomson	Birkenhead	O40M	197	Tommy Burke	Penny Lane Striders	O60M
160	Not Recorded			198	Jeff Wilson	St Helens Striders	O50M
161	Neil Jenkins	Chester Tri	O50M	199	Neil Egerton	Warrington RC	O50M
162	Matt Helm	Liverpool RC	O55M	200	Graeme Caldwell	Widnes RC	-
163	Rob Lloyd	Widnes RC	O45M	201	Kieron Carr	Liverpool Running Bugs	O45M
164	Jon Reynolds	Liverpool RC	O45M	202	Gareth Lowe	Burnden Road Runners	U40M
165	Phinean Woodward	Liverpool RC	O40M	203	Andy Waring	Birkenhead	O60M
166	John Barr	St Helens Striders	O60M	204	Simon Johnson	Mersey Tri	U40M
167	Andrew Glen	Liverpool Running Bugs	O55M	205	Nathaniel Pritchard-Jones	Warrington Tri	U20M
168	Peter Heron	Mersey Tri	O55M	206	Andrew Smith	Helsby RC	O55M
169	Thomas Humphries	Warrington RC	U30M	207	Barry McDonnell	Birkenhead	U40M
170	Adam Staines	Skem BH	O50M	208	Sean Harris	Mersey Tri	U30M
171	Steve Tatlor	North Endurance	O40M	209	Craig Denmade	Pensby Runners	U40M
172	Steve Collyer	Chester Tri	O45M	210	Daniel Cook	Skem BH	O45M
173	Martin Darwin	Warrington RC	O50M	211	John Brown	Penny Lane Striders	O60M
174	Stephen Mcconville	Pensby Runners	O55M	212	Tony Fishwick	Kirkby Milers	O45M
175	Anthony Atkinson	Spectrum Striders	O55M	213	Robert Block	Run Sandymoor	O60M
176	Ben Sinnott	Liverpool RC	U40M	214	Stephen Wiggins	Helsby RC	U30M
177	Mark Hamill	Lymm Runners	O55M	215	John Fitzgerald	Mersey Tri	O60M
178	Neil MacPhie	Mersey Tri	O60M	216	Nigel Pratten	Pensby Runners	O60M
179	Tim Harkins	Liverpool Running Bugs	U40M	217	Alan Spencer	Knowsley Harriers	O55M
180	Richard Kewin	Ellesmere Port RC	U40M	218	Kevin Carberry	Kirkby Milers	O50M
181	Callum Aitken	Liverpool RC	U30M	219	Paul Quigley	Run Sandymoor	O55M
182	Peter Smith	Widnes RC	O40M	220	Charles Commings	Warrington RR	U40M
183	Carl Yu	Liverpool RC	O45M	221	Harry Pepper	Mersey Tri	O45M
184	James Smith	Run Sandymoor	O40M	222	Tim Mercer	Mersey Tri	O55M
185	Ali Abir	Liverpool Running Bugs	O45M	223	Neil Hughes	Mersey Tri	U40M
186	Graham Kelly	Mersey Tri	O60M	224	Graham Ashton	Liverpool Running Bugs	O50M
187	Simon Domingo	Run Sandymoor	O45M	225	Ian Rigby	Widnes RC	O50M
188	Alistair Raffell	Spectrum Striders	O60M	226	Bryan Forth	Warrington RR	O45M
189	John Anderson	Northwich RC	O50M	227	Ken Black	Spectrum Striders	O60M
190	Steve Large	Mersey Tri	O50M	228	Trevor Eagle	Burnden Road Runners	O60M

## Ladies Results

Guest	Emily Gray	Liverpool Harriers	U30F	60	Gill Collen	Warrington RR	O60F
1	Rachael Fairclough	St Helens Striders	U40F	61	Tanya Foley	Skem BH	O50F
2	Megan Ball	Liverpool RC	-	62	Carole Morrison	Pensby Runners	O50F
3	Hannah Whittaker	St Helens Striders	U35F	63	Fiona Diaz-Silcock	Run Sandymoor	U35F
4	Kelly Hamilton	St Helens Striders	U35F	64	Sue Ennis	Mersey Tri	O50F
5	Maria Cook	Skem BH	O40F	65	Julia Rees	Northwich RC	O40F
6	Honor Thompson	Skem BH	O40F	66	Lauren Lett	Mersey Tri	U30F
7	Rebecca Wadeson	Skem BH	U40F	67	Laura Owen	Warrington RC	U35F
8	Becky Burke	Liverpool RC	U30F	68	Samantha Bentall	Penny Lane Striders	O50F
9	Rachel-Jayne Wilcock	St Helens Striders	U30F	69	Melanie Bradley	Northwich RC	O40F
10	Bobbie Lomax	Warrington RR	O40F	70	Alice Spooner	Penny Lane Striders	-
11	Nicola Laurence	Widnes RC	U40F	Guest	Jayne Turner		
12	Kirsty Seddon	Chester Tri	U40F	71	Norma Forrester	Knowsley Harriers	O50F
13	Liz Whitfield	Spectrum Striders	O40F	72	Jane Warner	Parbold Pink Panthers	O50F
14	Sharon Samson	Penny Lane Striders	O40F	73	Andrea Tootle	Run Sandymoor	U40F
15	Hayley Fairclough	Liverpool RC	U40F	74	Pauline Davies	Northwich RC	O60F
16	Anna Parsons	Northwich RC	O40F	75	Katherine Robertson	Mersey Tri	U40F
17	Bridget Glaister	Skem BH	O40F	76	Jo Lam	Widnes RC	O40F
18	Penny Guess	Lymm Runners	U30F	77	Dawn Hignett	Widnes RC	O40F
19	Rachel Hollins	Chester Tri	O40F	78	Tracey Goble	Liverpool Running Bugs	O50F
20	Lenka Vidamour	Penny Lane Striders	U40F	79	Emma Carey	Mersey Tri	U35F
21	Melissa Morgan	Warrington RC	U30F	80	Susan Evans	Kirkby Milers	O40F
22	Jane Ashbrook	Helsby RC	O40F	81	Elaine Riley	Run Sandymoor	O50F
23	Helen Lonsdale	Northwich RC	O40F	82	Rachel Tickle	St Helens Striders	U35F
24	Myka Heard	Penny Lane Striders	O50F	83	Jo Herriott	St Helens Striders	O40F
25	Dawn Fairclough	Liverpool RC	O40F	84	Jayne Russell	Kirkby Milers	O40F
26	Alicia Wadeson	Skem BH	U15F	85	Helen Eaton	Kirkby Milers	O40F
27	Lizzie O'Mahony	Mersey Tri	U30F	86	Anne Oxbrough	Penny Lane Striders	O40F
28	Leanne Griffiths	Widnes RC	U30F	87	Nikki Stockman	Warrington RR	O50F
29	Christina Roach	Helsby RC	O60F	88	Debbie Baker	Warrington Tri	O40F
30	Bryony Allen	Mersey Tri	U30F	89	Lucy Smith	Mersey Tri	U40F
31	Hayley Clintworth	Skem BH	U30F	90	Heather McBride	Northwich RC	U35F
32	Debbie Huston	Warrington RC	O50F	91	Julie Gleeson	Liverpool RC	O60F
33	Debbie Wilson	Mersey Tri	O40F	92	Vicki Wilcox	Northwich RC	O50F
34	Katie Pownell	Knowsley Harriers	U35F	93	Jayne McIvor	Liverpool RC	O50F
35	Jo Keeling	Liverpool RC	U35F	94	Becky Harrison	Kirkby Milers	U20F
36	Abby Sanderson	Mersey Tri	U40F	95	Hayley Smallman	Kirkby Milers	O40F
37	Freya Cook	Skem BH	U15F	96	Rachel Fisher	Kirkby Milers	-
38	Ruth Hewitt	Liverpool Running Bugs	O40F	97	Charlotte Houghton	Widnes RC	O40F
39	Rosemary Symms	Chester Tri	O60F	98	Hannah Twigg	Liverpool Running Bugs	U30F
40	Stephanie Humphries	Warrington RC	U30F	99	Penny Worthington	Widnes RC	O50F
41	Lisa Webb	Widnes RC	O40F	100	Hayley Hourigan	Widnes RC	O40F
42	Lynda Bigmore	Northwich RC	O40F	101	Alison Felstead	Lymm Runners	O40F
43	Lisa Grantham	Pensby Runners	O40F	102	Vicky Ravenscroft	Warrington RR	O40F
44	Jessica McNally	Penny Lane Striders	-	103	Louise Bradbury	Warrington RC	O40F
45	Helen Kelsall	Kirkby Milers	U40F	104	Ann-Marie Carberry	Kirkby Milers	O50F
46	Karon Forster	Spectrum Striders	O50F	105	Angela Irving	Liverpool RC	O50F
47	Rachel Arnold	Helsby RC	O50F	106	Jean Miao	Liverpool RC	O60F
48	Claudia Pagoulatou	Pensby Runners	O40F	107	Kate Wakefield	Warrington RR	O60F
49	Emma Shallcross	Mersey Tri	U30F	108	Mini Moss	Liverpool RC	U35F
50	Jodi Wrigley	Lymm Runners	U40F	109	Carolyn Rigby	Widnes RC	-
51	Kassia Boydell	Liverpool Running Bugs	-	110	Nicola Roberts	Knowsley Harriers	U40F
52	Menna Goodwin	Warrington RC	O40F	111	Emma Wright	Liverpool Running Bugs	O40F
53	Emma Nunnerley	Lymm Runners	O40F	112	Tracey Carr	Liverpool Running Bugs	O50F
54	Anja Pownell	Knowsley Harriers	U35F	113	Paula Need	Liverpool Running Bugs	O50F
55	Joanne Evans	Liverpool RC	U40F	114	Christie Knight	Lymm Runners	O60F
56	Lucy Helsby	Kirkby Milers	U30F	Guest	Charlotte Mills		
57	Rachael Holden	Helsby RC	U40F	115	Ann Green	Kirkby Milers	O60F
58	Gemma Aden	St Helens Striders	U40F	116	Jay Smith	Liverpool RC	O40F
59	Sue Buck	Helsby RC	O50F				

## Team Results

### Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Mersey Tri 'A'	68	27
2	Penny Lane Striders 'A'	88	26
3	Kirkby Milers 'A'	138	25
4	Liverpool RC 'A'	186	24
5	North Endurance 'A'	322	23
6	Pensby Runners 'A'	465	22
7	Widnes RC 'A'	531	21
8	Warrington RC 'A'	556	20
9	Lymm & Warrington RR 'A'	607	19
10	Liverpool Running Bugs 'A'	642	18
11	St Helens Striders 'A'	662	17
12	Helsby RC 'A'	785	16
13	Skem & Parbold 'A'	791	15
14	Northwich RC 'A'	840	14
15	Spectrum Striders 'A'	903	13
16	Run Sandymoor 'A'	1036	12
17	Warrington Tri 'A'	971 (only 5 Ran)	11
18	Knowsley Harriers 'A'	1064 (only 4 Ran)	10
19	Burnden Road Runners 'A'	1075 (only 4 Ran)	9
20	Birkenhead 'A'	1132 (only 4 Ran)	8
21	Newburgh Nomads 'A'	972 (only 3 Ran)	7
22	Ellesmere Port RC 'A'	978 (only 3 Ran)	6
23	Chester Tri 'A'	1140 (only 3 Ran)	5
24=	Delamere Spartans 'A'	No Team	-
24=	Village Runners 'A'	No Team	-
24=	Widnes Wasps 'A'	No Team	-
24=	Vikings 'A'	No Team	-

## Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	St Helens Striders 'A'	8	27
2	Skem & Parbold 'A'	18	26
3	Liverpool RC 'A'	25	25
4	Penny Lane Striders 'A'	58	24
5	Chester Tri 'A'	70	23
6	Lymm & Warrington RR 'A'	78	22
7	Widnes RC 'A'	80	21
8	Northwich RC 'A'	81	20
9	Mersey Tri 'A'	90	19
10	Warrington RC 'A'	93	18
11	Helsby RC 'A'	98	17
12	Pensby Runners 'A'	153	16
13	Knowsley Harriers 'A'	159	15
14	Liverpool Running Bugs 'A'	167	14
15	Kirkby Milers 'A'	181	13
16	Run Sandymoor 'A'	217	12
17	Spectrum Striders 'A'	185 (only 2 Ran)	11
18	Warrington Tri 'A'	340 (only 1 Ran)	10
19	Ellesmere Port RC 'A'	No Team	-
19	Village Runners 'A'	No Team	-
19	Burnden Road Runners 'A'	No Team	-
19	Birkenhead 'A'	No Team	-
19	North Endurance 'A'	No Team	-
19	Newburgh Nomads 'A'	No Team	-
19	Delamere Spartans 'A'	No Team	-
19	Widnes Wasps 'A'	No Team	-
19	Vikings 'A'	No Team	-

## CURRENT POSITIONS

### Mens 'A' Teams (6 Runners)

### Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Total
1=	Penny Lane Striders 'A'	27	26	27	26	106
1=	Mersey Tri 'A'	26	27	26	27	106
3	Liverpool RC 'A'	25	26	25	24	100
4	Kirkby Milers 'A'	23	23	24	25	95
5	Warrington RC 'A'	21	24	23	20	88
6	North Endurance 'A'	24	20	20	23	87
7	St Helens Striders 'A'	22	22	22	17	83
8=	Lymm & Warrington RR 'A'	20	21	19	19	79
8=	Pensby Runners 'A'	17	19	21	22	79
10	Widnes RC 'A'	16	17	14	21	68
11	Northwich RC 'A'	19	16	11	14	60
12=	Knowsley Harriers 'A'	11	18	18	10	57
12=	Spectrum Striders 'A'	15	14	15	13	57
14	Liverpool Running Bugs 'A'	14	12	8	18	52
15=	Warrington Tri 'A'	18	9	12	11	50
15=	Skem & Parbold 'A'	13	6	16	15	50
17	Newburgh Nomads 'A'	9	15	17	7	48
18	Helsby RC 'A'	7	13	6	16	42
19	Run Sandymoor 'A'	12	10	7	12	41
20	Birkenhead 'A'	10	7	9	8	34
21	Ellesmere Port RC 'A'	6	8	13	6	33
22	Chester Tri 'A'	4	11	10	5	30
23	Burnden Road Runners 'A'	8	NT	4	9	21
24	Village Runners 'A'	3	5	5	NT	13
25	Delamere Spartans 'A'	5	4	3	NT	12
26=	Widnes Wasps 'A'	NT	NT	NT	NT	-
26=	Vikings 'A'	NT	NT	NT	NT	-

## Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Total
1	Skem & Parbold 'A'	27	27	26	26	106
2	St Helens Striders 'A'	23	26	27	27	103
3	Liverpool RC 'A'	27	24	24	25	100
4	Mersey Tri 'A'	24	25	25	19	93
5	Penny Lane Striders 'A'	21	20	21	24	86
6=	Northwich RC 'A'	18	22	22	20	82
6=	Chester Tri 'A'	16	23	20	23	82
8	Knowsley Harriers 'A'	20	22	17	15	74
9	Lymm & Warrington RR 'A'	19	13	19	22	73
10	Widnes RC 'A'	22	18	11	21	72
11	Pensby Runners 'A'	17	17	15	16	65
12	Warrington RC 'A'	15	15	16	18	64
13	Kirkby Milers 'A'	12	19	12	13	56
14	Spectrum Striders 'A'	8	16	18	11	53
15	Helsby RC 'A'	7	14	14	17	52
16=	Ellesmere Port RC 'A'	25	NT	23	NT	48
16=	Liverpool Running Bugs 'A'	10	11	13	14	48
18	Warrington Tri 'A'	13	9	10	10	42
19	Run Sandymoor 'A'	11	12	6	12	41
20	Village Runners 'A'	14	10	8	NT	32
21=	Burnden Road Runners 'A'	9	NT	NT	NT	9
21=	Delamere Spartans 'A'	NT	NT	9	NT	9
23	North Endurance 'A'	NT	NT	7	NT	7
24=	Birkenhead 'A'	NT	NT	NT	NT	-
24=	Newburgh Nomads 'A'	NT	NT	NT	NT	-
24=	Widnes Wasps 'A'	NT	NT	NT	NT	-
24=	Vikings 'A'	NT	NT	NT	NT	-

(NT= No Team)